



WELCOME TO MY WORLD

Activity Pack



for
Membership Recruitment

Developed by
The YESS Girls' Movement
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**WORLD ASSOCIATION
OF GIRL GUIDES
AND GIRL SCOUTS**

NORÆC
NORWEGIAN AGENCY FOR
EXCHANGE COOPERATION



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FOREWORD AND ACKNOWLEDGEMENT



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This activity pack is dedicated to 10-25 year old girls and young women who have not yet had the opportunity to be Girl Guides and Girl Scouts. It is called *Welcome to My World* -the world where girls and young women have the opportunity to lead, grow, speak out and take action on issues that affect them.

It is user friendly and neatly packaged with the following six activities designed to answer all the questions a girl or young woman would want answers for, before making the decision to join Girl Guiding.

- **'Her Mighty Mighty World'** demonstrates what girl guiding is and helps them understand the basic context of girl guiding and girl scouting.
- **'The Transformation'** will motivate girls and young women to join the Guiding Movement knowing the value addition that comes with taking that step.
- **'The Taste Buds'** samples some of the interesting WAGGGS initiatives and gives a feel of some of the interesting activities that Girl Guides and Girl Scouts are privileged to do.
- **'Yard Stick'** highlights the criteria of being a Girl Guide and Girl Scout; and will help the girls and young women to know if they qualify to be Girl Guides and/ or Girl Scouts.
- **'Manoeuvre the bumps'** addresses some of the possible challenges, limitations or obstacles that may hinder girls from being a part of the Movement even when they would love to.
- **'The Compass'** gives direction and guidance on the processes of joining Girl Guiding and Girl Scouting for the girls and young women who are interested

Special appreciation goes to the Achievers from all the 13 MOs who are implementing the YESS Girls' Movement in Africa and Asia Pacific, who have contributed towards the development of this pack, in collaboration with the WAGGGS YESS Cordination team.

PS: The Achievers are the team of young women who are responsible for Membership Development in the YESS Girls' Movement.

ACTIVITY 1: HER MIGHTY MIGHTY WORLD!



Description of the activity: This is an activity for introduction of Girl Guiding. By the end of the activity, the girls and young women to whom it is delivered should be able to understand what Girl Guiding and Girl Scouting is.

Purpose/objective of the activity: To demonstrate (in a fun way) to girls and young women what Girl Guiding and Girl Scouting is and to ensure that they understand the basic context of Girl Guiding and Girl Scouting.



Duration:
30-40 minutes



Materials required :
Placards - Plain papers - Marker pens - Personal note book - Personal pen - A whistle - Guiding pictures for display at the stations - A clock, watch or phone to use for time keeping.



Age group:
10-25 years

GENERAL INSTRUCTIONS :

Facilitators required per group : 6

- Main facilitator
- 4 station managers
- Time keeper

NB: You can opt to have one time keeper for all groups but this will require very focused coordination.

Preparations required: Before this activity starts create a gallery with 4 physical stations (each with a station manager). Each station should represent one issue that describes Girl Guiding and Girl Scouting as follows:-

- STATION 1 History of Guiding
- STATION 2 The Guide Law
- STATION 3 The Promise
- STATION 4 The motto

NB: Tag each station with name and put at least one nice attractive picture reflecting Guiding and scouting e.g Guides in Uniform, Guides having fun, Guides doing the salute, adventure, etc. The pictures should show happy girls and be representative of the Movement's Brand.

STEP BY STEP INSTRUCTIONS :

Instructions	Activity	Durations
1	Place the girls in groups of not more than 10 and ask each group to make a circle. For maximum effectiveness each session should not have more than 5 groups or not more than 50 girls	2 minutes

HER MIGHTY MIGHTY WORLD!

Instructions	Activity	Durations
2	<p>While standing in the circle, the facilitator teaches the participants this song:</p> <p style="text-align: center;"><i>I have a ball (x2)</i> <i>I put it here (x2)</i> <i>I pepeta (x2)</i> <i>... I pass it on</i></p> <p>NB: How to teach the participants how to sing the song:-</p> <ul style="list-style-type: none"> - First sing it alone two times while they listen to you - Then ask them to sing along with you two or three times - Once they master the song, now get the ball and sing while dancing and putting in action. - Select 2 participants to try the song out also putting in the action. <p>Once you are sure every one has mastered the song, you go to instruction 3.</p>	5 minutes
3	<p>Introductions: Facilitate the group to play the 'pass a ball' song they have just learnt as they introduce themselves. Each girl can say 3-5 things about themselves for example name, what they like and dislike, favorite colour, their age etc. After introducing self, she passes the ball to another girl.</p>	5 minutes
4	<p>The Gallery walk: The girls will be asked to do the gallery walk in pairs (two people) through the 4 stations and at every station there will be a facilitator who will explain the pictures and answer the questions the girls might ask. Once done the pair will be given a sticker as a confirmation they have been there.</p> <p>PS: There should be not more than 2 girls at every station and for a maximum of only 2 minutes. After every 2 minutes, the whistle will be blown for the girls to move to the next station.</p>	15 minutes
5	<p>After the gallery walk the girls will go back to their sits and the facilitator will ask the participants if they have any questions.</p> <p>PS: Each pair will only be allowed to sit when they have submitted 4 stickers as proof they have been to all the four stations.</p>	5 minutes
6	<p>Each girl will be given a placard to write just one word describing what Girl Guiding is eg. Fun, educative, etc.</p>	2 minutes
7	<p>Each girl will be asked to read out loud what she has written and as each girl reads their word, the facilitator will explain a little more about the words.</p>	8 minutes



ACTIVITY 2: THE TRANSFORMATION



Description of the activity: This activity demonstrates the value of being a Girl Guide and/ Girl Scout.

Purpose/objective of the activity: To endear Girl Guiding to girls and young women and motivate them to join the movement knowing the value addition that comes with being one.



Duration:
25 minutes



Age group:
10-25 years



Materials required :
2 boxes - Manilla paper cut into 20 small sheets - Markers and pens.

GENERAL INSTRUCTIONS :

Preparations required:

- (i) Get two boxes and mark them as A and B
- (ii) Cut Manilla Papers and write the following words boldly in capital letters and then put them in the respective boxes (This means you will have 20 Manilla papers each with one word).

Box A	Box B
Follow - Sad - Loser - Weak - Lonely - Hatred - Passive - Dull - Quiet - Stagnancy	Lead - Happy - Winner - Strong - Companionship - Friendship - Active - Bright - Speak out - Growth

STEP BY STEP INSTRUCTIONS :

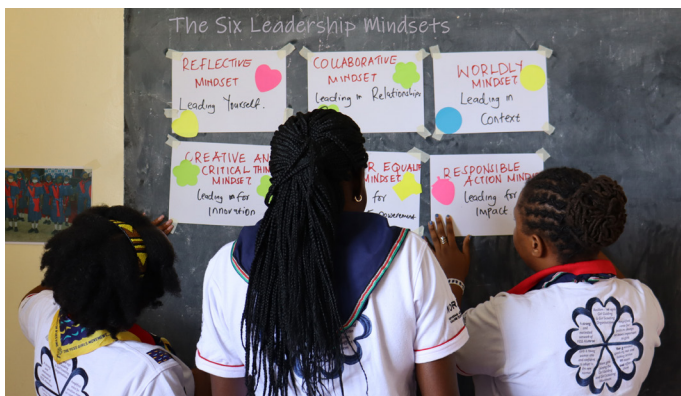
Instructions	Activity	Durations
1	Put the girls into two groups - each with 10 girls. Name one as Group A and the second one as Group B	2 minutes
2	Ask each of the members of group A to pick one manila paper from BOX A; and each of the members from Group B to pick one from Box B	2 minutes
3	Let the two groups stand parallel to each other.	1 minute
4	Ask members from Group A (one at a time) to read the words on their Manilla Papers loudly (one at a time). When a group A member reads the word, the member from Group B who has the manilla paper having the word that means the opposite of what has been read, should also read out their words. E.g. <i>Group A member reads: Loser / Group B member will shout out: Winner</i> And the two will hold hands and move out of the 2 lines. The next person will do the same until every one has a partner (and all the girls are paired up).	5 minutes

THE TRANSFORMATION

Instructions	Activity	Durations
5	<p>Walk and Talk: Now in pairs, the girls should walk together and discuss the two words written on their two Manilla papers:</p> <p><i>Eg. What does it mean to be a loser, how does it feel to be a loser, under what circumstances do we feel like losers, etc?</i></p> <p>What does it mean to be a winner, how does it feel to be a winner, how can we be winners? etc.</p>	5 minutes
6	<p>Call back the girls and ask each pair to present what they discussed. And at the end of every presentation, the facilitator should emphasise that when you become a Girl Guide/Girl Scout you transform. Eg. From being a loser to being a winner.</p> <p>Always call the girls with these words to present first:</p> <ul style="list-style-type: none"> - Follow-Lead - Stagnant-Grow - Quiet-Speak Out - Passive-Active <p>If time allows, give an opportunity to others</p>	10 minutes
7	<p>Facilitator should conclude by emphasising that when you become a Girl Guide and Girl Scout you are transformed. You become a leader, you grow, you learn to speak out and to take action. You also become one in 10 million sisters worldwide. Girl Guides and Girl Scouts are happy people, they are winners, and they are strong etc.</p> <p>(Add on the list as much as you want to but within the allocated time)</p>	5 minutes



ACTIVITY 3: THE TASTE BUDS



Description of the activity: This activity samples to the girls some of the WAGGGS initiatives

Purpose/objective of the activity: To give girls and young women a feel of some of the activities that Girl Guides and Girl Scouts do; the fun they have, the growth they experience and the impact they make to change their world



Duration:
15-40 minutes



Age group:
10-25 years







STEP BY STEP INSTRUCTIONS :

	Instructions	Duration
1	Get one or two YESS Alumnae or participants to share personal experience as YESS Participants in a different country and also allow for questions from the young women in attendance.	10 minutes
2	Select one activity from the WAGGGS Initiatives Dashboard below and follow the instructions.	Duration will vary depending on selected initiative; but please choose an activity that is not more than 30 minutes.

THE WAGGGS INITIATIVES DASHBOARD:

	Logo	Initiative	Description	Find it here
1		Action on Body Confidence	Action on Body Confidence gives Girl Guides and Girl Scouts the opportunity to make a lasting change to the way their society works, working towards a world where there are no appearance-pressures.	https://bit.ly/WI_ABC
2		Be the Change	Be the Change helps girls everywhere to speak out and drive change.	https://bit.ly/WI_BeTheChange
3		Free Being Me	Free Being me empowers young people through better body confidence and self-esteem.	https://bit.ly/WI_Free-BeingMe
4		Girl Powered Nutrition	Girl Powered Nutrition girls and young women to get good nutrition in order to thrive and reach their full potential.	https://bit.ly/WI_GPN

THE TASTE BUDS

	Logo	Initiative	Description	Find it here
5		Leadership Model	The Girl Guide and Girl Scout leadership model is the foundational concept that underpins WAGGGS' leadership development work, based on current leadership theories and thinking.	https://bit.ly/WI_Leadership-Model
6		MHM Rosie's World	It educates girls about puberty and how to manage their periods safely, hygienically and confidently.	https://bit.ly/WI_MHM
7		Plastic Tide Turner Challenge	The Plastic Tide Turners Challenge (PTTC) is a United Nations Environment Programme (UNEP) led-initiative that educates young people around the world about plastic pollution, giving them the tools to change their personal behaviour, inspire their communities, and create a better future for people and planet.	https://bit.ly/WI_PTTC
8		Surf Smart	Surf Smart 2.0 Generation Digital is a non-formal education curriculum to support young people to connect safely and positively online.	https://bit.ly/WI_SurfSmart
9		Voice Against Violence	Voices against Violence empowers young people to challenge the root causes of violence against girls and women.	https://bit.ly/WI_VAV
10		Younga Challenge	YUNGA Challenge Badges aim to raise your awareness, educate and motivate you to change your behaviour and become an active agent of change in your local community.	https://bit.ly/WI_YungaChallenge



ACTIVITY 4 : YARD STICK



Description of the activity: This activity should demonstrate what one needs to become a Girl Guide/ Girl Scout.

Purpose/objective of the activity: To enable girls know what is required for them to be Girl Guides and/ Girl Scouts.



Duration:
15 minutes



Materials required :
Placards - Manilla paper - Markers - Pens.



Age group:
10-25 years

GENERAL INSTRUCTIONS :

Preparations required:

- (i) Get 7 Placards and write on the following questions in bold
- Are you a girl ?
 - Do you want to be one in 10 million other girls worldwide?
 - Are you willing to abide by the Guide laws?
 - Are you ready to make the promise?
 - Do you want to lead ?
 - Do you want to grow ?
 - Do you want to Speak out and take action on issues that affect girls ?
- (ii) Get Hard Manilla Papers and cut them in 20 pieces. On each piece write in bold capital letters the word **YES** on one side and **NO** on the other side.

STEP BY STEP INSTRUCTIONS:

Instructions	Activity	Durations
1	Do a review to check if the girls remember the Guide/Scout laws and the promise (Talked about in activity 1). If they can't remember, then remind them.	3 minutes
2	Let all the girls seat on chairs either in one long straight line or in a big circle.	2 minutes

YARD STICK

Instructions	Activity	Durations
3	<p>One facilitator should then raise one question at a time (until all the 7 are asked and answered) as the second facilitator reads out loud.</p> <p>E.g. <i>Are you a girl ?</i></p> <p>The girls should then raise their manila papers and shout out their answers loud.</p> <p><i>If their answer is Yes! They say it while standing up; if it is No, they shout it while seated.</i></p> <p>If they don't shout loud enough, the facilitator should motivate them to shout louder.</p> <p>PS: Before starting the actual question and answer session, first give the instructions to the girls and demonstrate how they are supposed to do this.</p>	5 minutes
4	<p>The facilitator can then explain that if your answer to all the questions raised was yes, then you qualify to be a Girl Guide/ or Girl Scout.</p> <p>The facilitator should then emphasise that Girl Guiding and Girl Scouting:</p> <ul style="list-style-type: none"> - Is for girls only - Gives you the priviledge of being a member of the guiding Movement with 10 million members world wide - Requires you to abide by the Guide/Scout laws - Requires you to make the promise and abide by it - Will give you the opportunity to grow, lead, speak out and take action on issues that affect girls <p>...And that this is the yard stick....the criteria for joining Girl Guiding and Girl Scouting.</p>	5 minutes

Expected results: By the end of this activity, the girls and young women will know what is required for them to be Girl Guides and/ or Girl Scouts.



ACTIVITY 5: MANOUVER THE BUMPS



Description of the activity: This activity should give answers and solutions to possible challenges and obstacles when one wants to become or is a Girl Guide and Girl Scout.

Purpose/objective of the activity: To enable girls and young women who want to be Girl Guides or Girl Scouts overcome any obstacles that may hinder or limit their participation in Girl Guiding/ Girls Scouting.



Duration:
25 minutes



Materials required :
Flip paper, Markers, Stickers, Box



Age group:
13- 25 years

GENERAL INSTRUCTIONS:

Each group should have not more than 10 people.

STEP BY STEP INSTRUCTIONS:

Instructions	Activity	Durations
1	Divide the young women present into groups of not more than 10 people each	1 minute
2	Ask each group to sit in a circle	1 minute
3	Give each young woman in the groups a sticker paper and a marker	1 minute
4	Ask each young woman to write on the sticker paper any possible obstacles to joining Girl Guiding and Girl Scouting	3 minutes
5	After writing on the sticker papers ask the young women to throw them in a box	2 minutes
6	Ask each young woman to pick a paper from the box (making sure no one picks their own question)	2 minutes
7	Ask each young woman to try and give a solution to the obstacle written on the paper they picked	7 minutes
8	The facilitator should then conclude with a summary of the solutions to the obstacles raised	8 minutes

Expected results: By the end of this activity, every young woman present will know what to do incase they meet any obstacles if they decide they want to join Girl Guiding and Girl Scouting.

ACTIVITY 6 : THE COMPASS



Description of the activity: This activity should give the girls and young women the guidance and process on how to join Girl Guiding/ Girl Scouting.

Purpose/objective of the activity: To enable the girls and young women who are interested in joining Girl Guiding and Girl Scouting to know what to do to start the process of joining the movement.



Duration:
20 minutes



Materials required :
Markers - Placards - Scissors.



Age group:
10- 25 years

GENERAL INSTRUCTIONS :

Preparations: Create placards with 5 most important steps to joining Girl Guiding in your association (There may be more but pick the 5 most crucial). Eg. Training

STEP BY STEP INSTRUCTIONS :

Instructions	Activity	Durations
1	Make sure you have the girls in groups of not more than 10 people each	1 minute
2	Place the girls in pairs (to make 5 pairs per group). Name the groups from Number 1 to 5 (i.e group 1, group 2.....)	1 minute
3	Ask each of the groups to listen carefully and take note of their step as they will have to explain after your presentation. <i>Eg. Group 1 should listen to Step 1; Group 2 to step 2, etc.</i>	1 minute
4	Briefly explain the process of joining Girl Guiding and Girl Scouting in your association from step 1 to step 5.	5 minutes
5	Give each pair their corresponding placard. <i>E.g Give Placard 1 with step 1 to Group 1</i>	3 minutes
6	Ask the girls to stand in correct order of the process (and take a picture)	2 minutes
7	Have the pairs give details pertaining to their placard as they understood it	3 minutes
8	Conclude by summarizing the process one more time and wishing them good luck as they start the process of becoming Girl Guides and Girl Scouts	4 minutes

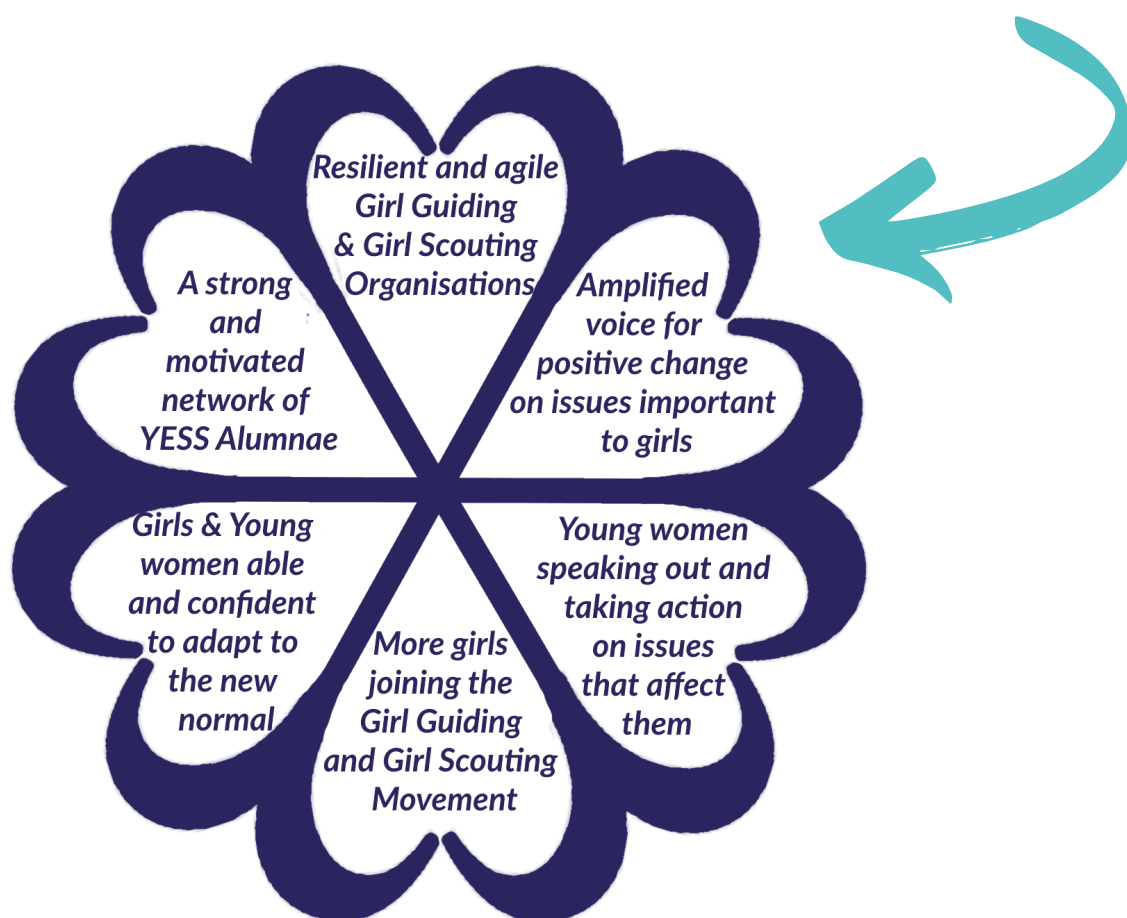
Expected result: By the end of this activity the girls should know what to do and the processes to follow in order to become Girl Guides and/ Girl Scouts.

ABOUT THE YESS GIRLS' MOVEMENT



Dubbed the journey of a lifetime, the YESS Girls' Movement is WAGGGS' International exchange program for young women (18 to 35 years) -undertaken in collaboration with NOREC, a Norwegian government agency.

Our program focus for the next 5 years (2022 to 2026)



FOLLOW AND CONTACT US



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YESS Girls' Movement



<https://www.waggs.org/en/what-we-do/yess-girls-movement/>