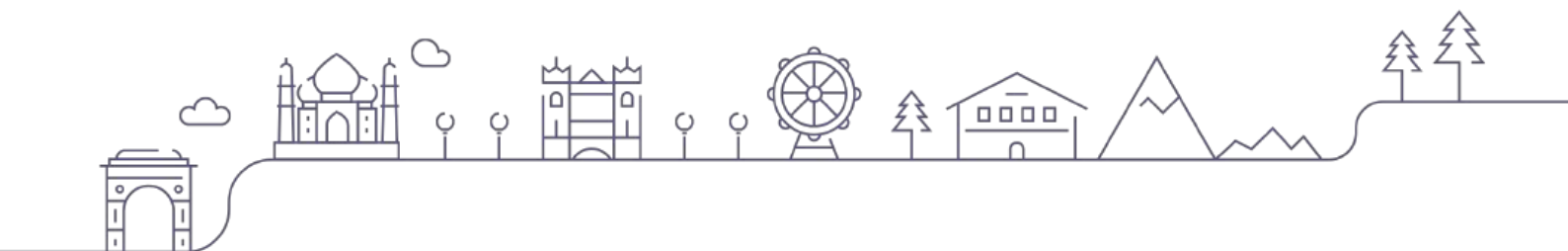
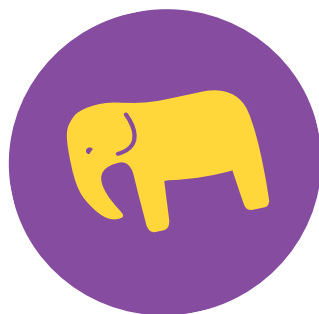


WORLD CENTRES INTERNATIONAL ADVENTURES





A WORLD OF POSSIBILITIES

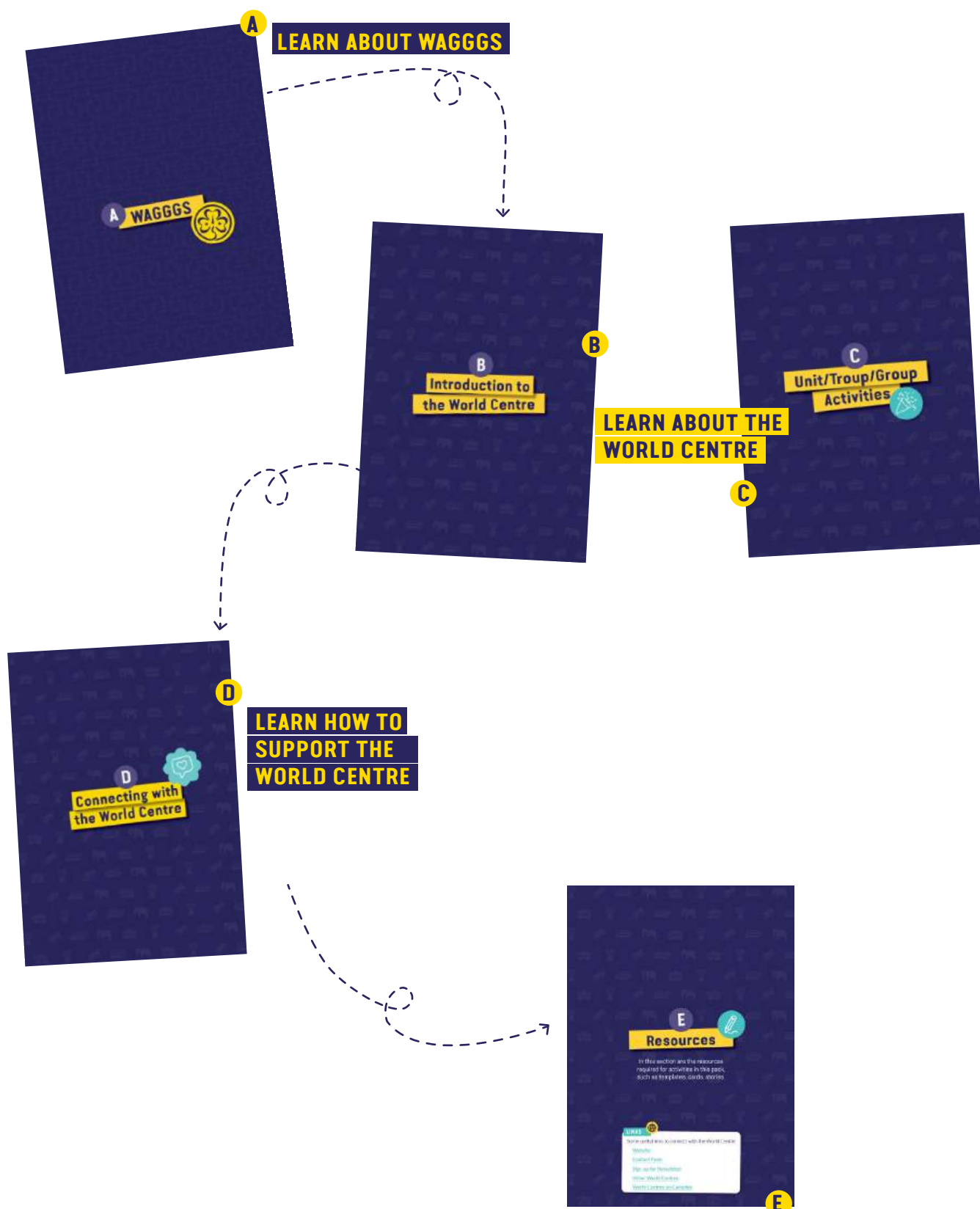


Sign up for our newsletter and get the latest on events,
programmes and opportunities to get involved.

worldcentres.waggs.org



About this Activity Pack





FIND US



1932

Our Chalet

in Switzerland, opened
in 1932



1957

Nuestra Cabaña

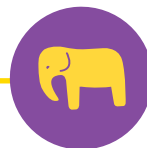
in Mexico, opened
in 1957



1939

Pax Lodge

in the UK opened in
1991, starting as
Our Ark in 1939 and as
Olave House in 1959



1966

Sangam

in India, opened
in 1966



2011

Kusafiri

in Africa,
officially commenced
in 2011



Use social media to share and promote

Share memories

Share photos of recent local events

LINKS



Connect with our World Centres:

[Website](#)

[Contact Form](#)

[Sign up for Newsletter](#)

[World Centres on Campfire](#)



Use #ourchalet

[Instagram](#) – @our_chalet

[Facebook](#) – @ourchalet

[YouTube](#) – @OurChaletWorldCentre



Use #paxlodge

[Instagram](#) – @paxlodge

[Facebook](#) – @paxlodge

[YouTube](#) – @paxlodge

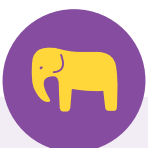


Use #NuestraCabaña #wheredreamscometrue

[Instagram](#) – @nuestracabanamx

[Facebook](#) – @nuestracabanamx

[YouTube](#) – @nuestracabanamx



Use #ComingTogether and #SangamWeBelong

[Instagram](#) – @sangamworldcentre

[Facebook](#) – @sangamworldcentre

[YouTube](#) – @sangamworldcentre



Use #kusafiriworldcentre #tojourney

[Instagram](#) – @kusafiriworldcentre

[Facebook](#) – @kusafiriworldcentre

[YouTube](#) – @kusafiriworldcentre



PAX LODGE

 United Kingdom



Welcome!

This activity pack has information and different activities to help you learn about Pax Lodge World Centre and showcases all the amazing things you can do at the World Centres.

There are four sections:



A. WAGGGS (World Association of Girl Guides and Girl Scouts)

Some general information about WAGGGS and all the World Centres



C. Unit/Troop/Group Activities

A range of activities leaders can use with groups of Girl Guides and Girl Scouts



B. Introduction to Pax Lodge World Centre

Some general information about this World Centre



D. Supporting the Centre

Things that everyone can do to support and promote the World Centre



How to use this pack

By utilising the information and activities in this activity pack, you will be able to celebrate and learn about the diversity of Girl Guiding and Girl Scouting through the World Centres. There are some reflective components to help consider different perspectives.

The activities in this pack can be used as described, or may encourage ideas for other activities or variations.

Some activities you can do on your own to learn about the World Centre, or you can learn alongside your group when completing the activities.

You can adapt the activities to suit your needs, this could include the age-range, group size, or whether you are completing activities virtually.





Cultural Appreciation vs. Cultural Appropriation

When engaging with other cultures, it's important to understand the difference between cultural appreciation and cultural appropriation.

Cultural Appreciation

is when you genuinely seek to learn about and understand a culture to broaden your perspective and build connections. It involves respecting the traditions, practices, and significance behind them, and recognising their value in their cultural context.



Cultural Appropriation

happens when elements of a culture are taken or used without understanding, often in a way that strips away the meaning, context, or respect for the culture itself. It can sometimes involve using cultural aspects for personal gain or as a trend, without acknowledging the cultural history behind them.



Example of Cultural Appreciation:

In a British context, an example of cultural appreciation might be when a child from outside the UK participates in a traditional British celebration like **Bonfire Night** (Guy Fawkes Night). They learn about the history of the event, the significance of the bonfire, and the meaning behind the fireworks display, while also respecting the local customs and traditions. They might ask a British friend or teacher to explain how the event is celebrated and why it's important to many people in the UK.



Example of Cultural Appropriation:

An example of cultural appropriation might be when someone from outside the UK wears a "British" costume that includes a fake crown, Union Jack decorations, and a cheeky "royal" accent, simply for a themed event or as a fashion trend, without understanding the cultural importance behind the British monarchy or the diversity within the UK. This could reduce the traditions of British history to a fun costume, overlooking the respect and context that should come with it.

How Can We Appreciate Culture?

To truly appreciate the culture of the World Centres and the countries they are located in, take time to:

- 1. Learn the meaning** behind the practices, attire, or activities you are participating in.
- 2. Engage with local communities** to hear their stories, traditions, and histories.
- 3. Respect cultural symbols** by recognising their importance and using them appropriately.

By fostering cultural appreciation, we can celebrate the rich diversity of the world and build meaningful connections based on mutual respect and understanding.

A **WAGGGS**





WAGGGS

(World Association of Girl Guides and Girl Scouts)

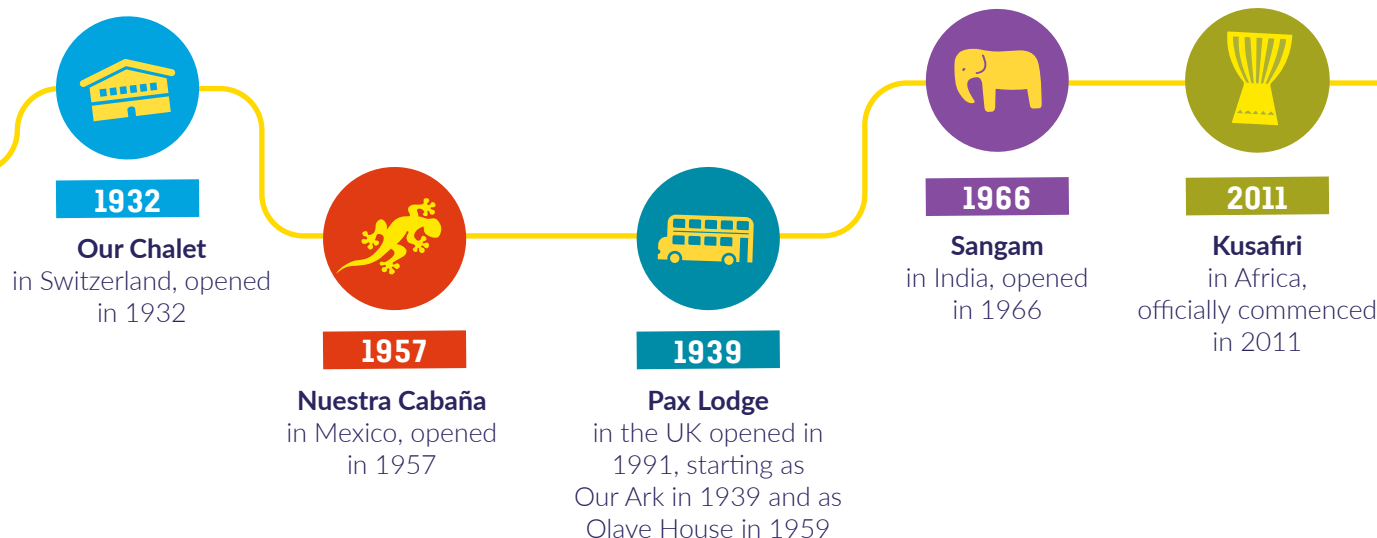
What is WAGGGS?

The World Association of Girl Guides and Girl Scouts (WAGGGS) is the largest voluntary movement dedicated to educating and empowering girls and young women around the world. WAGGGS was founded in 1928 and now there are over 11.2 million members in over 150 countries. WAGGGS' mission is "to enable girls and young women to develop their fullest potential as responsible citizens of the world".

What are the World Centres?

WAGGGS' World Centres are a safe space for Girl Guides and Girl Scouts from all over the world to connect with each other, have adventures, and build agency. Every World Centre has their own unique environment and traditions, and every Centre aims to empower through leadership skills and building confidence to create a better world.

WAGGGS has five World Centres



In this pack, you will have the chance to learn more about **Pax Lodge**.





Learn about WAGGGS and The World Centres

First, let's learn a bit about all the World Centres.

There are two different types of activities in this section:



CULTURE

Explore the World Centres, their location and other information about them

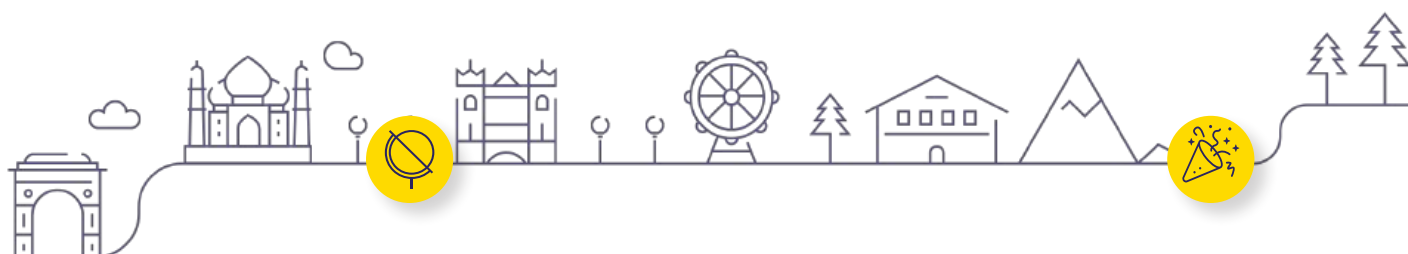


GAMES

Fun ways to learn about the World Centres

Use the table to help you decide which activity you will try or you could try them all!

Type	Activity Name	Age Group	Time	Preparation	Page
 Culture	Map It	All ages	20 mins	A world map, mapping pins or markers. Digital/online alternative	11
 Game	Card Games	All ages	20-30 mins	Set of World Centre Cards (in Resources)	12
 Culture	Interactive Story	All ages Suitable for large groups	20 mins	The World Centre Story (in Resources), Props (optional)	14
 Culture	Tourist Agency	12yrs+ Suitable for at least 12-18 people or more	45-60 mins	Resources with information about each of the 5 World Centres	15
 Culture	WAGGGS Quiz	All ages	20-30 mins	Quiz questions (in Resources); access to the answers (eg. books, leaflets, websites)	17
 Culture	Souvenir Swap Relay	All ages	20-30 mins	Variety of items from each of the World Centres	18





Map It

All ages

20 mins

Purpose

To learn some general information about the World Centres.



You will need:

- A world map
- 5 different coloured map pins
- or you make a pin for each World Centre using their country flag or Centre logo
- A pin for your group, or one for each individual, if you are from different countries



What to do

1. Locate each of the World Centres on the map, and mark it with a map pin.
2. Add to the map your group pin, or get each individual to add their map pin.

Alternatives

- Use a online whiteboard tool, such as Miro, Canva, Padlet
- Use Google Maps or Time Zone Map
- Draw a map of the world on the ground with chalk, and use people or objects instead of map pins

Reflective questions



- Which World Centre is the closest to you?
- Which World Centre is the furthest away from you?
- Which of these World Centres would you like to visit?

For each of the above, some follow-on questions

- How long would it take to travel there?
- How would you travel to get there?
- Have you been to that country before? If yes, share your experiences.
- Do you know anyone who has been to this World Centre? If yes, share your experiences.
- What language do you think they would speak?
- How do you think you would feel being somewhere where you don't understand the language being spoken?
- What traditional food is eaten?
- Do you like that sort of food?
- Could you eat that sort of food every day?
- What activities do you think they do at the World Centre?





Card Games

All ages

20-30 mins

Purpose

To learn information about each World Centre – what are their similarities, and what makes them unique through various card games or team games



You will need:

- At least one set of World Centre Cards ([see Resources](#)).
More sets may be required for bigger groups.



What to do

Play a card game

1. We Are Family

- Give each person 4 cards
- Place one face up in the middle, with the remainder face down next to it
- Each person needs to collect “4 of the same” – 4 from the same World Centre, 4 logos, etc
- Each person takes their turn to pick up a card (either the face-up card, or the top face down card), then discard one to the face-up pile
- The game ends when one person collects “4 of the same” card
- Everyone shows their cards, and discuss making the remaining sets

2. Memory

- Place all the cards face down in the middle
- Each player takes their turn to turn over 2 cards.

If they match, they can keep the cards and have another turn.

The leader can determine what is a “match” e.g. from the same Centre, the same logo
- The game ends when all the cards from the middle have gone

3. Centre (aka Snap)

- Distribute all the cards to the players
- Each person takes their turn to place a card face up in the middle

If the card placed in the middle matches the top face up card anyone can place their hand on the pile and call “Centre” to claim the pile.

The leader can determine what is a “match” e.g. from the same Centre, the logo

As a variation, they could call out the match e.g. the Centre name
- Players who have no cards can still claim cards from the centre
- The game ends when one person has all the cards (or when time is called)





Card Games

All ages

20-30 mins

What to do

Play a team game or relay



1. My World Centre

- Place all the cards face down in the middle of the room, spread out
- Divide the group into 5 teams (one for each World Centre);
number each person – they must run to the middle in order of their number
- each team sends player one to collect a card from the middle
 - If the card belongs to them (their nominated Centre), they keep the card and player two can collect another card from the middle
 - If the card does not belong to them, player two must return the card to the middle (face down) and return empty handed, then player three can collect a card from the middle
- The game ends when each team has collected all the cards for their Centre

2. All in together

- Place all the cards face down in the middle of the room, spread out
- Divide the group into teams (of 3-6)
- Each team sends one player at a time to collect a card
- The collected cards are placed face up in front of the team
- The aim is to collect “4 of the same” sets; once a set has been collected, it is placed face down and the cards cannot be used
- As the game progresses, face up cards held by a team can be taken by another team
- The team with the most sets wins

3. Sort it

(for this you will need one set of cards per team)

- Divide the group into teams (of 3-6 – one team per set of cards)
- All the teams are positioned at one end of the room
- Place all the cards face down in the middle of the room, spread out
- Each team sends one player to collect a card from the middle, and place it with their collected cards at the other end of the room
- During their turn, a player can
 - collect one card from the middle
 - return one card to the middle (placed face down)
 - organise and rearrange their team's collected cards
- The game ends when one team has collected a full set of cards, with no duplicate cards

Alternatives

- Change the number of cards e.g. when doing with younger members you may have less cards in a set

Reflective questions



- What is one thing you did not know before playing this game?
- What do the World Centres have in common?
- What are the unique features of each World Centres?
- Why do you think they are different from each other?



Interactive Story



All ages



20 mins



Purpose

To learn about the World Centres in an interactive way.



You will need:

- The World Centre Story ([in the Resources](#))
- Props (optional)

What to do

1. Explain to the group, that each person (or group) will be representing a different word/ action. There are 10 different words and actions so divide your group into 10.
2. Assign each group an action, as noted that the beginning of story (in the Resources).
3. Each time these words are mentioned the actions must be done by the assigned group.

Alternatives

- Divide the group into 5, and assign each group two actions.
- Make them stand up and do the action.
- Make everyone do all the actions.
- Try it online. Change the verbal responses to actions. Make sure they all have their camera on (without a virtual background).



Reflective questions

- What is one thing you did not know, before hearing this story?
- How did each World Centre like to celebrate?
- Why do the World Centres celebrate differently?
- Which World Centre are you now inspired to visit? Why?



Purpose

To learn information about each World Centre – their similarities, and what makes them unique



What to do

1. Each group is assigned or chooses a World Centre. The sixth group are “tourists”.
2. The World Centre groups are given resources about their World Centre. They have 15 minutes to gather information from the available resources about their World Centre. From this, they should create
 - a trading table or information booth
 - a presentation (sales pitch) about their World Centre
3. While the World Centre groups are preparing, the “tourists” group considers a hierarchy of needs* for their dream tour to a WAGGGS World Centre, and questions they would ask each about the various World Centres.

And just like a pyramid, if you don’t have the first levels, it’s hard to climb up to the next ones. So, we always need to start with taking care of our basic needs before we can focus on bigger dreams!

4. Once the World Centres are ready, the tourist group splits into small groups (if possible), and they should visit each World Centre for about 5mins, asking questions to help them determine if this is the World Centre they want to visit.
5. While the “tourists” consider their findings, the World Centre groups can visit the other World Centres.
6. The “tourists” declare which World Centre they would choose to visit in the future, and why.

You will need:

- A group of at least 12-18 people, divided into six groups.
- Five small tables, or spaces that can be set up as a trading table or information booth
- A range of resources with information about each of the five World Centres.
E.g. photos, books, documents, leaflets, websites, souvenirs, people who have visited.





Alternatives

- Instead of a booth, have a Panel Discussion, with one person from each World Centre on the panel pitching to the tourists why they should choose to visit them in the future.
- Online option: use breakout rooms for the groups to do their preparation (if possible, with someone who has been to the World Centre to help). Then you could do a Panel Discussion.

Reflective questions



- What is one thing you did not know, before this activity?
- What are some examples of the World Centres offerings that have a strong connection to the country they are based?
- Which World Centre are you now inspired to visit? Why?





Purpose

To find out how much participants know about WAGGGS. This activity can be used to help them learn some basic information, or to test their knowledge after doing another activity.



You will need:

- Quiz questions and the answers ([in Resources](#))
- Access to finding the answers, if this activity is being used as an exploration activity.

What to do

1. Read out the questions, and get the participants to answer.
 - Raise their hand, and select one to answer
 - All shout out the answer

Alternatives

- Use the quiz as an exploration activity; give them resources so they can find the answers. e.g. books, leaflets, websites
- Divide the group into teams, and get them to compete for the answer (like a game show).
- Create a set of Q&A cards (one question per card, and one answer per card). Place a game where they match the question with the answer.
- Create a multi-choice quiz, and get them to move to a point in the room/space to indicate the correct answer.
- Questions and answers could be loaded into an online quiz platform, like Kahoot!, and played online

Reflective questions

- How much do you know about WAGGGS?
- What is one thing that is easy to remember? Why?
- What is something that is hard to remember? Why?
- How can you learn more about WAGGGS?





Souvenir Swap Relay

All ages

20-30 mins

Purpose

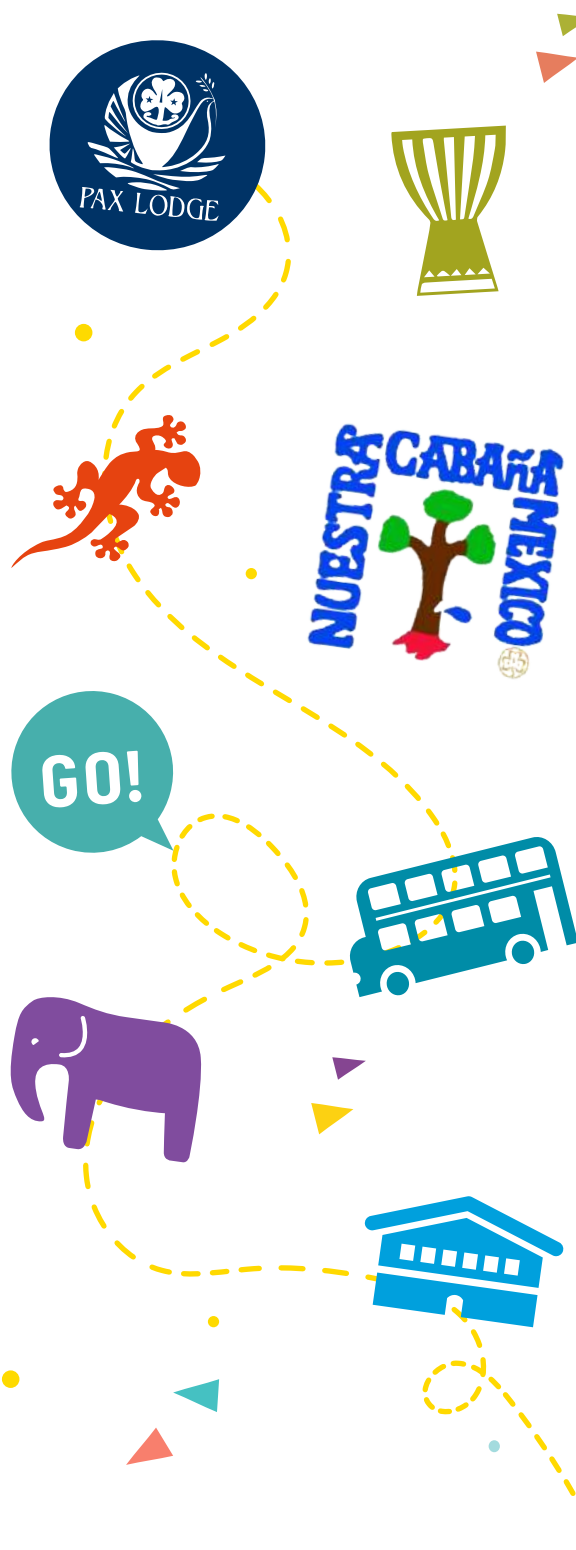
To explore souvenirs from each World Centre and consider their similarities, and what makes them unique

You will need:

- A variety of items from each of the World Centres, like pamphlets, souvenirs, pictures. You will need enough to make a mixed souvenir pack for each group of players.
- At least one person who knows the origin of each item.
- A picture of each World Centre

What to do

1. Explain that their task is to create one souvenir pack of items for each group of players (ensure there is a mix of items and origins). These will have items that represent each of the World Centres.
2. Divide into groups, so you have one group for each souvenir pack.
3. Place the souvenir packs at one end of the room/space, in line with the groups lined up at the other end.
The packs can be placed loose on the ground, or a table or chair, or in a basket or box, or shopping bag.
4. Place the pictures of the World Centres near the souvenirs.
Pinned to a board, or fixed to the back of chair, or on the floor.
5. On the word “go”, the first player for each group runs to their souvenir pack, chooses an item, and identifies where it comes from by pointing at the World Centre picture.
If they get it right, they get to take their chosen item back to their group.
If they get it wrong, they must go back to their group empty handed.
Once the first player has returned to the group, the second player take theirs turn.
6. Continue to play until all groups have successfully identified all their souvenirs.





Souvenir Swap Relay

All ages

20-30 mins

Alternatives

- This could be done online as a group activity using pictures, where groups compete to identify all their items first.
- Play a [Kim's Game](#) with a selection of items – make sure they can name the World Centre the item comes from.

What to do

1. Show the Items:
 - Place 5 or 6 small items on a table or tray. Make sure everyone can see them clearly.
2. Look Carefully:
 - Give the players 30 seconds to look closely at the items. Tell them to try to remember what's on the tray.
3. Cover the Items:
 - After 30 seconds, cover the items with a cloth or remove them from view.
4. Ask Questions:
 - Ask the players to name as many items as they can remember. For example:
 - "What was on the table?"
 - "What colour was the ball?"
 - "Was there a spoon?"
 - While covered or hidden from view, remove one or two items.
 - Show the items again and ask the players to tell you what is missing.
5. See Who Remembers the Most:
 - The person who remembers the most items wins the game!

You will need:

- A few small items (5-6 objects like a spoon, ball, book, toy, pencil, etc.)



Reflective questions



- What is something you have not seen or touched, before this activity?
- Which item did you get right the first time? Why?
- Which item took a few guesses before you got it right? Why?
- Which item do you like the most? Why?
- Which item would you like to know more about?
- Which World Centre are you now inspired to visit? Why?





B

Introduction to Pax Lodge World Centre



Introduction to Pax Lodge World Centre

How it all began



Starting with Our Ark (1939), the WAGGGS World Centre in London has grown over the years, from Olave House (1959), and then into Pax Lodge (1991). Pax Lodge works to engage, empower, and support young women so that they can make a difference in their communities.

Katherine Furse, the first director of the World Bureau, launched a 'Pennies Appeal', writing to each WAGGGS Member Organisation. She explained that if each Brownie, Guide, Ranger and Old Guide contributed one penny on Thinking Day, the sum raised would be more than enough to buy their new world house. On 22nd February 1938, the pennies started pouring in and enough money was raised to purchase 11-13 Palace Street: Our Ark had finally set sail.

Our Ark was officially opened on 2nd May 1939. Its doors remained open throughout the Second World War, when it served as a safe haven for international Girl Guides and Girl Scouts.

By 1956, the lease of the houses in Palace Street was coming to an end and the lack of sufficient space was making life difficult. Once again members of WAGGGS were asked for help and an appeal was launched at the World Conference in 1957. After a lengthy search, Our Ark moved to Longridge Road in Earls Court (West London). In 1963 Our Ark celebrated its' Silver Jubilee with it being 25 years since it first opened. During a special ceremony, presided over by the World Chief Guide, Olave Baden-Powell, the Centre was renamed Olave House in her honour.

By 1978, there were plans to move the World Centre once again. By September 1988 well over £1 million had been raised for Pax Lodge and, although there was still a long way to go, the World Committee felt able to start construction.

Finally, on Friday 15th March 1991, Pax Lodge was officially opened by Her Royal Highness Princess Benedikte of Denmark. The name Pax Lodge was chosen because the Baden-Powells had used the word Pax, meaning 'peace', for two of their homes – Pax Hill in England and Paxtu in Kenya. While 'lodge' was chosen as it maintained the link with the original house on the site, Rosslyn Lodge.



**Pax Lodge works to engage, empower, and support young women
so that they can make a difference in their communities.**



Introduction to Pax Lodge World Centre

What makes Pax Lodge special?

Pax Lodge is located next to the World Bureau which is the secretariat/headquarter of WAGGGS in London.

In 1929, the desire to have a World Centre was first expressed by the World Committee and the opening of Our Chalet in Switzerland in 1932 was a dream come true. By 1937 the World Committee was looking for new accommodation for its headquarters, the World Bureau, and was also aware of the need for a place where Guides could stay when visiting London. They decided to satisfy both these needs in one building – Our Ark.

When Our Ark moved to Earls Court, the World Bureau found alternative premises in Ebury Street.

In 1977, Olave Baden Powell (the World Chief Guide) died, and it was agreed at the 1978 World Conference that the World Chief Guide Memorial Fund should be used to fulfil her often expressed dream that the World Bureau and the World Centre should once more be united in the same location.

Finding somewhere in London that would accommodate both the WAGGGS headquarters and the World Centre was a difficult task. Many possibilities were considered before the site in Lyndhurst Road, Hampstead was finally secure. Rosslyn Lodge was built in 1810 by the First Earl of Rosslyn, the house has been used for many purposes over the years.

Pax Lodge is not simply a great place from which to view the sights of London, or a venue for big international events, but it is an important and historical resource that fulfils the work of the World Association of Girl Guides and Girl Scouts.



Pax Lodge Song



The words and lyrics of the Pax Lodge song were written by Julie Felix after the Programme Director of Pax Lodge, Maria Kuper, overheard her singing on the radio. Maria asked her if she would adapt the song for Pax Lodge and encouraged her to include the words: love, dove, friends, and home. Julie was a Girl Scout herself was open to the idea, but wanted to leave out the words Pax Lodge, as she said they "Do not lend themselves to poetic writing and are definitely unsingable!"

When you visit us we can sing along to the Pax Lodge song together.

We wish you love
We wish you light
We wish you colours soft and bright,
We wish you light
We wish you love
We wish you peace on the wings
Of a snow white dove

And with our sisters by our side
We learn to lead
We learn to guide
We clear the path, we pave the way
To peace on earth
To a brighter day

We wish you love
We wish you light
We wish you colours soft and bright,
We wish you light
We wish you love
We wish you peace on the wings
Of a snow white dove

Sometimes the road
Is hard and long,
And yet together we are strong.
And as we weave,
Life tapestry,
Each colour blends, in harmony.

We wish you love
We wish you light
We wish you colours soft and bright,
We wish you light
We wish you love
We wish you peace on the wings
Of a snow white dove

Wherever we wander,
Wherever we roam,
Pax Lodge will always be our home,
A place where strangers soon are friends,
I'll meet you there,
Where the rainbow ends.

We wish you love
We wish you light
We wish you colours soft and bright,
We wish you light
We wish you love
We wish you peace on the wings
Of a snow white dove





Programmes offered

At Pax Lodge, there are different programmes that run through the year that you can engage in. Here are some examples...



Celebration

World Thinking Day

February every year

Global Friendship Event

November



Nature

JamBrownee

May - June

STEMazing Guides

October - November



Culture

Journey Through London

June - August



Want to see what's on offer now?

Click here!





Introduction to Pax Lodge World Centre

Country profile



Pax Lodge is located in London, England which is part of the United Kingdom (UK) in Western Europe. The UK consists of four countries:

- England,
- Scotland,
- Wales, and
- Northern Ireland.



The flag of the United Kingdom is known as the Union Jack. It combines elements of three older national flags:

- The Red Cross of St George (patron saint of England),
- The White Saltire of St Andrew (patron saint of Scotland)
- The Red Saltire of St Patrick (patron saint of Ireland).

The design is a combination of red, white, and blue, with a cross and two diagonal stripes.

Culinary tradition



The UK has a rich culinary tradition, influenced by many cultures over time. Some popular dishes include:

- **Fish and Chips** – battered and fried fish (usually cod or haddock) served with fried potatoes.
- **Sunday Roast** – typically roast beef, lamb, or chicken, served with potatoes, vegetables, Yorkshire pudding, and gravy.
- **Full English Breakfast** – a hearty breakfast with fried eggs, bacon, sausages, baked beans, mushrooms, toast, and tomatoes.
- **Shepherd's Pie** – a savoury dish made with minced lamb and topped with mashed potatoes.
- **Bangers and Mash** – sausages served with mashed potatoes and gravy.
- **Afternoon Tea** – a tradition of drinking tea, usually accompanied by sandwiches, scones, and cakes.
- **Pudding** – a variety of desserts like sticky toffee pudding, treacle tart, or spotted dick.



Country profile



The UK is home to a range of traditions:

- **Afternoon Tea** – as mentioned earlier, a light meal typically served between 3:30pm and 5:00pm.
- **The Changing of the Guard** – a famous ceremony outside Buckingham Palace in London where soldiers in red uniforms and bearskin hats change shifts.
- **Bonfire Night (Guy Fawkes Night)** – held on November 5th, it celebrates the failure of the Gunpowder Plot of 1605. People light bonfires and set off fireworks.
- **The Royal Family** – a long-standing tradition, the British monarchy is a historical part of national identity. The current ruling royal is King Charles III.
- **Wimbledon** – the world's oldest tennis tournament, held annually in London.
- **Christmas** – Celebrated on December 25th, it is a major Christian holiday that includes traditions like decorating Christmas trees, exchanging gifts, and having festive meals.
- **Easter** – A major Christian holiday, celebrated with church services, egg hunts, and festive meals.
- **Ramadan and Eid** – Celebrated by Muslims, who form a significant part of the UK population.
- **Diwali** – The Hindu festival of lights is celebrated by the Indian community in the UK with fireworks, lights, and sweets.
- **Halloween** – While not a religious holiday, it's celebrated by many, especially with trick-or-treating, costumes, and parties.

Language



The primary language of the UK is English, though there are other regional languages such as Welsh in Wales, Scots Gaelic in parts of Scotland, and Irish in Northern Ireland. Many people in the UK are also fluent in other languages due to its multicultural population.

C

Unit/Troop/Group Activities





How to use this section

In this section, you will find a range of activities you can use with your group.

The activities can be used as described, or may spark ideas for other activities or variations.

Remember to use the reflective components to consider and celebrate the diversity of Girl Guiding and Girl Scouting.

When you have finished an activity, share your thoughts and activities on social media using the Pax Lodge hashtag **#paxlodge**

There are five types of activities:



Culture

Explore language, traditions, daily routine, clothing, religious festivals



Arts & Craft

Make a traditional craft, or do some drawing



Music & Dance

Explore the music of England, make/play musical instruments, learn some new dance moves



Games

Play a traditional game, or a game the children love to play



Food

Taste the flavours of England, consider the food source, try a recipe or two





How to use this section

Use the table to help you consider which activity you will try ... or you could try them all!

Type	Activity Name	Age Group	Time	Preparation	Page
Arts & Craft	Pax Lodge Bus	5 to 10 yrs	10-20 mins	Printed sheets of the Pax Lodge bus, colouring pencils or similar and scissors	28
Game	Quiz	10+ yrs	30 mins	Questions and Answers	29
Game	Bus Stop Game	4 to 12 yrs	10-15 mins	Minimum of 3 leaders/adults	30
Music and Dance	Taps (UK Versions)	5 to 18 yrs	10 mins	Lyrics sheets if needed and tune if needed: Click here!	31
Game	Peacemakers	10+ yrs	20 mins	Prepare cards/paper/post it notes with the names of significant peace-makers.	32
Game	Green Glass Door	7+ yrs	15 mins	No equipment necessary	33
Culture	Trash Bag Theatre	6+ yrs	20 mins	Random objects, about one per participant	35
Game	Picnic	7+ yrs	15 mins	No equipment necessary	36
Culture	The Great Pax Quest	8+ yrs	1 hour	• Clue cards • Props: teacup, red bus images, a British handmade flag, paper crowns. etc • A large space: can be indoors or outdoors • Optional: Awards for winning teams	37
Arts & Craft	Create your own Emblem	7+ yrs	40-60 Mins	Gather fabric scraps, embroidery supplies, fabric markers, and glue.	40
Food	Make your own British Tea & Biscuits	All Ages	45-60 minutes	Gather Ingredients for baking, and tea making supplies	41
Food	Afternoon Tea - Scones	All Ages	1hr	Scone recipe and ingredients	42
Food	Victoria Sponge	10+ yrs	1hr	Ingredients and recipe	43
Food	Afternoon tea (no cooking needed)	All Ages	20 mins	Paper and Pencils	44
Music and Dance	Folk Dancing	All ages	30 mins+	Source music and choose which dances you are going to try	45
Arts & Craft	Pearly Kings and Queens	All ages	30 mins	Craft materials - black fabric or paper, white buttons/beads, or white paint, glue/needles and thread, photos for inspiration	46
Music and Dance	Hokey Cokey	All ages	10 mins	Song sheets if needed	47
Game	King's Guard Beetle Drive	6 - 12 yrs	15 mins	Print sheets (see Resources)	48
Game	Fireworks Game	5 - 14 yrs	10mins	Space to play	49



Pax Lodge Bus

5 - 10 yrs

10-20 mins

Purpose

To learn about the Pax Lodge icon and the importance of buses in London.

You will need:

- Printed sheets of paper with the outline of the Pax Lodge bus ([see Resources](#))
- Colouring pencils or similar

Background Information

The double decker bus icon that Pax Lodge uses reminds us that this World Centre is in London. London's double-decker buses are a famous symbol of the city. They are a convenient and cheap way to get around, and offer great views of the city.



What to do

1. Share the background information about this activity
2. Give out the printed sheets
3. Everyone can colour in the icon

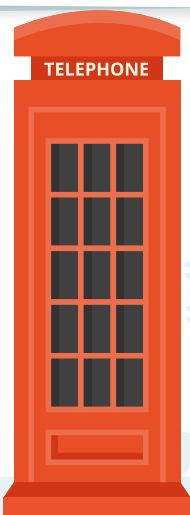
Alternatives

- Cut up the icon once it has been coloured and create a puzzle that can be completed by another person.
- Colour in other outlines of London icons like Big Ben or the Tower of London, and create a jigsaw.

Reflective questions



- Why does Pax Lodge use a bus as their icon?
- Do you have an icon for where you live?
- What icons do the other World Centres use?
- Why do the other World Centres use these icons?





Quiz

10+ yrs

30 mins

Purpose

To learn more about Pax Lodge and its location.



You will need:

- Quiz Questions and answers ([in Resources](#))



Background Information

Pax Lodge is located in the North-West London suburb of Hampstead. Just a few short stops from the hustle and bustle of central London.

What to do

1. Before you start the game, split the participants into groups of a suitable number and ask them to come up with a group name related to Pax Lodge or London
2. Once they have a name, they should come up with a chant that they will use to signal they're ready to answer the questions
3. When a question is read out, the first group to chant gets the first opportunity to answer the question
4. If the group gets the answer right, they get a point
5. If the team with the first opportunity gets it wrong, the rest of the teams have a chance to chant and then give their answer and so on
6. For mathematical questions, all groups get a chance to answer, and the closest answer wins a point
7. The team with the most points at the end of the game is the winning team

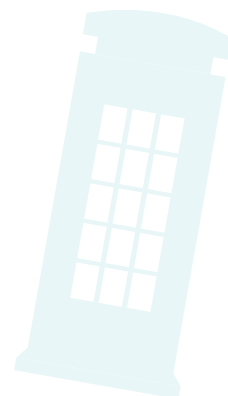
Alternatives

- Questions and answers could be put on cards to make this a matching game
- Questions and answers could be loaded into an online quiz platform, like Kahoot!, and played online

Reflective questions



- What did you learn about Pax Lodge?
- What did you learn about where Pax Lodge is located?
- What would you like to learn more about?





Bus Stop Game



4 - 12 yrs



10-15 mins



Purpose

To feel energised and to warm up while learning about Pax Lodge.



You will need:

- A minimum of 3 leaders/adults.
- Depending on the number of players you might need more leaders. e.g. having 16+ players you will need 4+ leaders. The higher the number of players the more leaders you will need.

Background Information

Pax Lodge is located in London. London has famous Red Double Decker buses which the buses stop at often.

What to do

1. Identify your leaders and get them to stand around in a circle
2. Get the players to run around in the middle of the circle
3. When the main leader calls 'Bus Stops'.
4. All the leaders who are standing around in the circle, will stand with their hand up in the air with a number of fingers up to signify that many of the girls can be at that bus stop and no more.
5. The girls all need to find space at a bus stop once 'Bus Stops' has been called, if there are not enough spaces they will be out of the game.
6. Slowly start to decrease the numbers of fingers that you hold up until there is one winner.

Alternatives

- Instead of running participants in the game could skip or hop or dance between bus stop rounds.

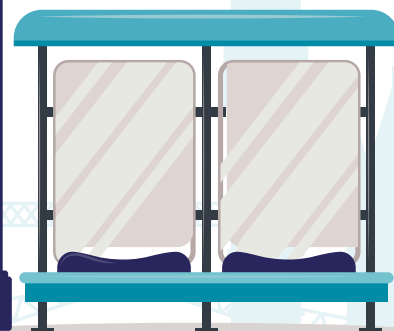
Reflective questions



- What did it feel like to 'miss the bus'?
- Have you ever had to 'run' to catch public transport?



BUS STOP





Taps (UK Version)

5 - 18 yrs 10 mins

Purpose

Learning the different ways that a common Girl Guiding & Girl Scouting song is sung by Girl Guides across the UK.

You will need:

- The lyrics sheet (if needed, [see Resources](#))
- You can [learn the tune here](#) if you don't know it

Background Information

"Taps" is what is sung at the end of a meeting to signal that the meeting is finished.

In United Kingdom, many Girl Guides (including the troops/units that meet at Pax Lodge) sing the traditional lyrics at the end of their meetings but there are many different ways which they choose to sing and perform it to make it more fun.

What to do

1. Sing the regular version of Taps
2. Speed it up: Sing the lyrics of Taps as fast as possible
3. Time to Perform: Sing the lyrics of Taps, but get creative and perform actions (make them up) with your hands as you do it. You could combine this with the fast version for extra fun!
4. Sign language version: sing the lyrics of Taps and perform the associated signs with it.

The Girl Guides in United Kingdom use BSL (British Sign Language – see Resources).

Alternatives

- Find out what other countries sing Taps and learn to sing Taps in another language.
- Learn and sing Daylight Taps – to be sung at the end of the meeting when it's still daylight.

Reflective questions

- What are your groups traditions?
- What are some ways that you could put a twist on the traditions in your group?





Peacemaker Celebrities

10+ yrs

20 mins

Purpose

Develop skills in collaboration, communication, cooperation, listening and problem solving through different celebrities often associated to peace.

You will need:

- Prepared cards or labels with the names of significant peace-makers ([see Resources](#)).

Background Information

Pax means Peace in Latin

What to do

1. Everyone picks a card or label and displays the name so all other players can see but not the person holding the card (it could be stick to their forehead, or pinned to their back)
2. Players take it in turns to ask each other "yes" or "no" questions about who they are. E.g. Am I a woman? Am I alive?
3. When a player guesses correctly, they continue to answer the questions of the other players

Alternatives

- This can either be played in one group taking it in turns to ask a question to the whole group or players could mingle and ask their questions to one other player at a time.

Reflective questions

- What happened during the game?
- Are you surprised by any of the celebrity names? Did you know they were associated with peace?
- Think about your person, do you know what they did that makes them a 'peacemaker'?
- What traits do the celebrity peace makers have in common? Do any of us have similar traits?
- Why is it important to know about these significant peacemakers?
- How can they help us to build a more peaceful community?





Green Glass Door

7+ yrs

15 mins

Purpose

A calmer game to get participants listening and thinking

You will need:

- No resources required.
- Best played with everyone sitting in a circle where everyone can be seen and heard.

Background Information

The front doors at Pax Lodge were donated by the Baden-Powell family. On 29th September 1990, eleven members of the Baden-Powell family attended the first 'Door Day' celebration where Natasha King, great-granddaughter of Lord and Lady Baden-Powell, untied the ribbons to open the doors.



What to do

1. At least one person needs to know the 'rule'. If others know then it can be helpful but they cannot give any clues or hints.
2. The rule is that only items with a double letter is allowed through the door. E.g. a sheep can go through the door, but a cow cannot.
3. Participants may work out the rule during the game if they make the connection when items are allowed/denied.
4. Leader tells the participants that they are trying to get items through the green glass doors, but only certain items are allowed. Participants take it in turns to suggest an item "I will put _____ through the green glass doors."
5. After each turn, the leader confirms or refuses the item's entry but does not give any reason why something is or is not allowed through the door.
6. People will get it right by accident without working out the rule.
7. When they think they have figured out the rule they may get excited and want to say what it is. Encourage them not to say anything, instead showing that they have worked it out when they give their next answer.
8. The game is likely to end before everyone has worked it out the rule. You may choose not to tell them the rule so it can be played again.
9. If no one figures out the rule and the participants seem to be getting frustrated you can either finish the game or remind them of some of the items that are able to go through the Green Glass Doors



Natasha King, great-granddaughter of Robert and Olave Baden-Powell.





Green Glass Door

7+ yrs

15 mins

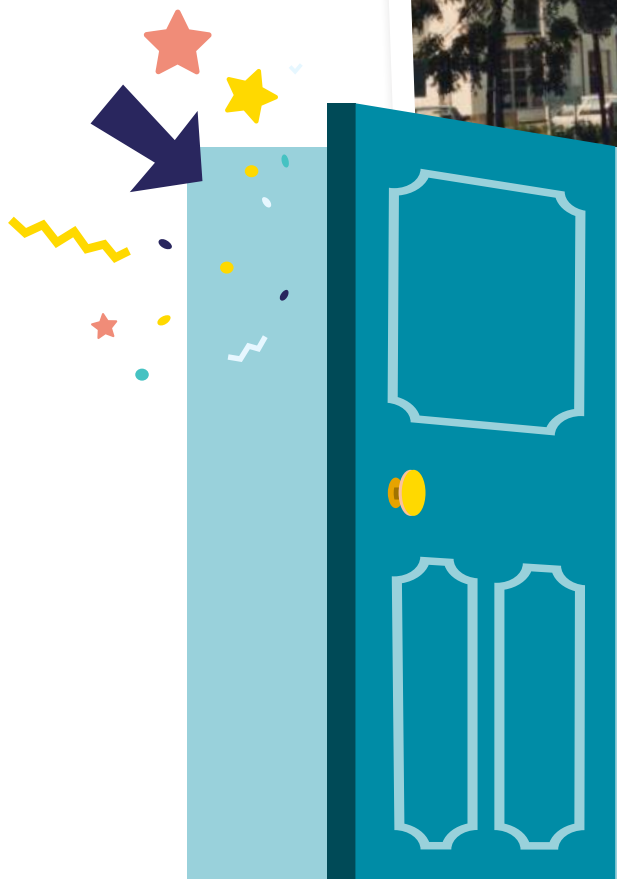
Alternatives

- This game may not translate into other languages as 'green' 'glass' and 'door' all contain double letters in English. You can instead make up your own "rule" e.g. begins with the letter of the speaker's first name.
- If you have player(s) who know the rule spread them around the group and encourage them to give correct answers.
- This works quite well when you have the same group together for an event lasting a few days and you have a few down moments - especially if you are waiting for the next activity or transport or bringing the whole group together.

Reflective questions



- Did you work out the rule? Was it easy to work it out? Was there something said that particularly helped work it out?
- How did it make you feel to not know the rule?
- How did you feel when you successfully got an item through the door?





Rubbish Bag Theatre

6+ yrs

20 mins

Purpose

Practice creativity and work as a team.
Explore and express relevant topics for each group.



You will need:

- A random assortment of items, there's no specific number/type, but generally enough to suit the number of groups/participants so that everyone can have at least one item. Put all the items in a rubbish bag.
- These can be costumes, props, random assortments. Items can revolve around a specific theme if desired.



Background Information

Imagine the London West End as a giant, magical playground where you can watch amazing stories come to life on stage through with singing, dancing, and lots of fun characters. It is kind of like a big live movie where you get to sit right in the front row! It's a special place in the heart of London where you can see famous musicals like "The Lion King" or "Matilda" and feel like you're part of the adventure. In this activity, you will create your own skits that you can imagine playing in London's West End.

What to do

1. Divide participants into groups, groups should be at least 3-4 participants each. The groups should ideally be less than 7 people.
2. Each group should receive a collection of random items (often in a rubbish bag, hence the name). Additional guidance can be given if the group is younger or if there is a specific topic the leaders want the groups to focus on. For example, if talking about cooperation, instruct groups to come up with a skit using the items to showcase what they have learned. Encourage groups to use items for their non-intended purpose (a broom could be the oar of a boat, etc)
3. Instruct the groups that they will have 5 minutes to work together as a team to create a skit using their provided objects. The amount of time can be changed to fit each situation. Remind the groups that their skits must be within a specific time frame so as to not get too long.
4. Once the groups have had time to create their skit, all groups should share and perform their skits in front of the others. (There could then be discussion about each performance if the skits focus on a specific topic and what inspired them to create that story using their objects).

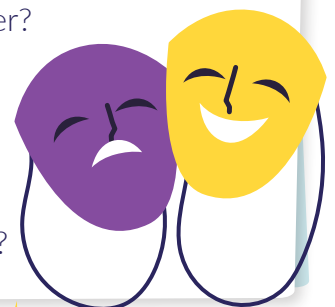
Alternatives

- For younger groups, more specific directions can be given. This could be specific characters or story to support their acting using their items.
- This activity could be done in a similar style to charades where other groups should guess specific characters or the story.
- This can be applied to specific lessons/topics to get groups to showcase what they have learned.

Reflective questions



- How was it working as a team to make a story? Were there things your group could have done better?
- Was it challenging deciding how to use all of your objects?
- What did you learn watching others' skits?





Picnic



5 - 10 yrs



10-20 mins

Purpose

To feel calm and develop their listening and critical thinking skills.



You will need:

- No equipment is needed but it is important for participants to know each other's names prior to playing this game.



What to do

1. Have participants sit in a circle, the leader will be the "picnic planner".
2. Explain to the participants that they are all going on a picnic, and must decide on what they're going to bring.
3. The trick of the game is that participants are only allowed to bring items that begin with the first letter of their name. e.g. Sally can bring a shoe but not a cat.
4. The leader will explain that there is one specific rule as to what you can bring to this picnic, and that the goal is for everyone to work out (on their own) what the rule is.
5. The leader will start them off saying "I'm bringing ___ to the picnic". Each person will then take a turn. The leader will either say "yes, you can bring that to the picnic" or "sorry you cannot bring that to the picnic".

Background Information

Picnics became popular in London in the 1800s after French aristocrats fled the French Revolution to settle in the city. Picnics were originally indoor events for men, but became more accessible to the middle classes, women and children as time went by. Now people in London like to picnic outdoors in parks – especially in the summer.



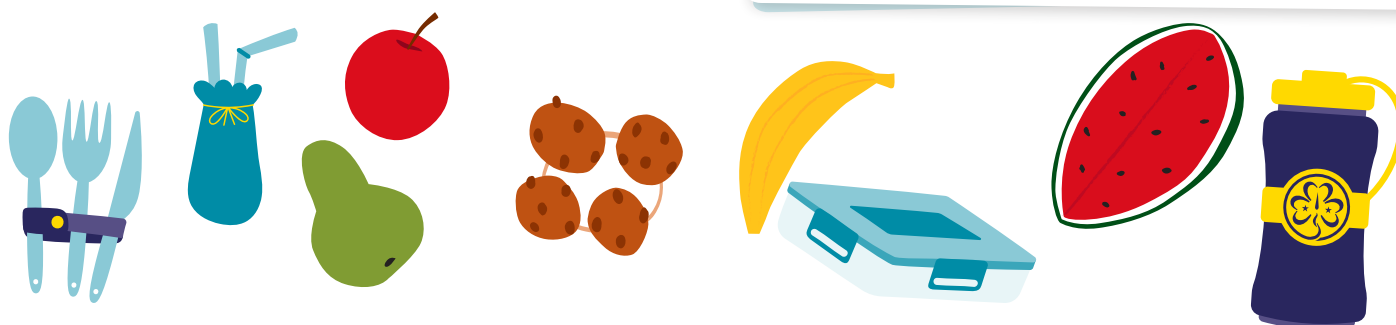
Alternatives

- If groups don't know each other's names, the game can be started by going around and saying names/favourite food/etc. (This can also function as a bit of a hint for groups)
- Alternatively, leaders can also have groups say "I'm ___ and I'm bringing ___ to the picnic" instead. This can also give additional clues to the participants and a way for them to learn the names of others in the group.

Reflective questions



- Was it challenging to work out the rule? What made you realise it?
- Is it hard when other people know the rule before you?
- How did you feel when you worked out the rule?





The Great Pax Quest

8+ yrs

60 mins

Purpose

To help Girl Guides and Girl Scouts immerse themselves in British culture and Pax Lodge traditions through an active scavenger hunt. It mimics the experience of exploring London, traditions, history and culture in an engaging way.



You will need:

- Pre-prepared clue cards (Can have rhyming riddles leading the teams to the next station).
- Props: teacup, red bus images, a world flag or Pax Lodge flag, paper crowns, stations signs, etc.
- A large space: can be indoors or outdoors
- Optional: Awards for winning teams, stopwatch.



Background Information

Pax lodge, which is located in London is a symbol of International friendship and British Guiding Heritage. Travellers who visit Pax Lodge experience both historic landmarks, traditions and culture. When you take a trip to Pax Lodge, expect to experience British hospitality, afternoon tea, and the pinning ceremony. When you take part in this activity, you will take on the role of Girl Guides/Girl Scouts visiting London, racing through a series of challenges that immerses participants about the British Culture and Pax Lodge traditions. Each challenge will represent a stop at a famous landmark or tradition, helping participants learn in an interactive, fun and competitive way!

Alternatives

- For younger children or general adaptation, you can simplify the challenge by removing the obstacle course.

Reflective questions



- Which challenge was your favourite and why?
- What new British tradition or landmark did you learn about?
- How does Pax Lodge compare to your country's traditions?
- If you visited Pax Lodge, what would you be most excited to experience?





The Great Pax Quest

8+ yrs

60 mins

What to do

1. Set up the stations

- Create 5-6 stations, each representing iconic British areas or a Pax Lodge experience.
- Place stations signs with information about the location, or have the leaders read it out to participants.
- Print out the clue cards that teams will collect after completing the challenge.
- Have station leaders who will explain the challenge and hand out a clue after the challenge is complete.

2. The Great Pax Quest Begins!

- Divide your group into teams of 3-5 participants.
- Hand each team their first clue card. This will lead them to Station 1. (Buckingham Palace).
- Teams must complete the challenge at each station before receiving the next clue.
- The first team to complete all the challenges and reach the final station wins the quest!

Station Challenges & Clues

Station 1: Buckingham Palace (Royal Respect Challenge)

Setup:

Place a toy crown or photo of Buckingham Palace at this station.

Clue Card:

"In London stands a palace grand, where guards in red and black hats stand. If you want to see the King, where must you be seen?"

Challenge:

Each team must perform a royal wave and bow/curtsy while walking across a marked area (like they are in a parade). Once all members complete the wave and bow/curtsy, they receive the next clue.

Fun Fact:

The British Royal Family has lived in Buckingham Palace since 1837. The palace has 775 rooms!



Station 2: The London Underground (Mind the Gap Challenge)

Setup:

Mark a pretend "Underground train platform" using cones or tape. Print out a London Tube map (see Resources).

Clue Card:

'Below the streets, trains run fast, find the map and make your journey last!'

Challenge:

Teams must complete an obstacle course (e.g., stepping through hula hoops to "board the train" while avoiding "the gap"). Once everyone reaches the other side, they receive the next clue.

Fun Fact:

The London Underground, also called "The Tube," is one of the oldest subway systems in the world!



The Great Pax Quest

8+ yrs

60 mins

Station 3: Afternoon Tea (Tea Time Balance Challenge)

Setup:

Place paper teacups, saucers, and a small tray at this station.

Clue Card:

"At four o'clock, the British dine, tea and scones make it divine. But careful now—hold your tray fine!"

Challenge:

Each team member must balance a teacup on a tray and walk across a marked path without dropping it. If they drop it, they must start over. Once all members succeed, they get the next clue.

Fun Fact:

Afternoon Tea is a British tradition started in the 1840s. People drink tea with sandwiches and scones!



Station 4: Pax Lodge (Pinning Ceremony Challenge)

Setup:

Place a Pax Lodge flag or World Badge at this station.

Clue Card:

"Where Guides from all the world unite, learning, growing, shining bright!"

Challenge:

One team member must recite a fun fact about Pax Lodge or repeat a line from the Girl Guide/Girl Scout promise before receiving the next clue.

Fun Fact:

Pax Lodge is one of five WAGGGS World Centres and has welcomed Girl Guides and Girl Scouts from over 100 countries!

Station 5: The Red Bus Dash (Final Challenge)

Setup:

Place a large paper cutout of a red double-decker bus..

Clue Card:

"London's buses are big and red, hop on quick or be left instead!"

Challenge:

Teams must form a human "double-decker bus" by standing in a line, holding onto the waist of the person in front, and moving together in sync to the final checkpoint.

Fun Fact:

The red double-decker bus is an iconic symbol of London. Some buses in London have been running for over 100 years!





Create your own Emblem

7+ yrs

40-60 mins

Purpose

To connect participants with Pax Lodge's identity by creating a fabric emblem inspired by the Pax Lodge logo, WAGGGS trefoil, and UK symbols. This hands-on craft reflects the tradition of Girl Guide badge-making and British textile arts.

You will need:

Fabric Version

- Fabric scraps (cotton, felt, or recycled fabric)
- Embroidery floss or sewing thread
- Fabric markers or paint (for decoration)
- Glue or iron-on adhesive (for no-sew option)
- Scissors, needles, safety pins
- Pre-printed Pax Lodge emblem templates

Paper Alternative

- Printed emblem outlines (Pax Lodge logo, UK landmarks)
- Colouring pencils, markers, or paints
- Scissors and glue
- Manilla paper or cardstock for mounting

Background Information

Pax Lodge's emblem represents peace, unity, and international friendship.

Many Girl Guides sew their own badges onto uniforms, making this a practical, creative, and cultural activity. The UK has a long history of fabric arts, from medieval embroidery to modern fashion.

Reflective questions

- How does your fabric or paper emblem represent Pax Lodge?
- What was the most fun or challenging part of working with fabric or paper?
- If you visited Pax Lodge, where would you display your emblem?

What to do

1. Prepare the Base

- Give each participant a plain piece of fabric (felt or cotton).
- Show them template designs of the Pax Lodge logo, WAGGGS trefoil, or London symbols (Big Ben, red bus, etc.).

2. Design the Emblem

Sewing Option:

- cut out different fabric shapes and stitch them onto the base.
- Use embroidery floss to outline details.

No-Sew Option:

- Use fabric glue or iron-on adhesive to attach fabric pieces.
- Decorate with fabric markers or paint.

3. Assemble & Display

- Once complete, participants can attach their emblem to a tote bag, scarf, or sash (like a Girl Guide badge!).
- Showcase the finished pieces on a wall or table.

Alternatives

- Participants colour and cut out printed Pax Lodge logo templates.
- Glue onto card or paper
- Create a collage using magazine clippings to represent Pax Lodge and UK culture.
- Instead of individual emblems, create a large group fabric banner.
- If done online, participants can design a digital emblem using Canva or Procreate.



Make your own British Tea and Biscuits

All ages

45-60 mins

Purpose

To introduce participants to the British tradition of Afternoon Tea, a significant cultural experience they can enjoy at Pax Lodge.

Background Information

In the UK, Afternoon Tea is a tradition where people enjoy tea, biscuits (cookies), and sandwiches in a relaxing setting. It's a big part of British hospitality, which is also reflected at Pax Lodge

What to do

1. Introduce Afternoon Tea and its significance in British culture.
2. Make the tea:
 - Show how to brew traditional English Breakfast Tea.
 - Discuss the difference between milk tea vs. lemon tea (a common British debate!).
3. Bake simple biscuits (cookies):
 - Mix flour, sugar, and butter to form dough.
 - Roll and shape into small rounds, bake at 180°C for 12-15 mins.
 - Cool and serve with tea.
 - (For a no-bake option, use pre-made digestive biscuits and decorate with jam or icing.)
4. Enjoy the tea together and discuss British manners (e.g., stirring tea correctly).

You will need:

For tea:

- Black tea (or herbal tea for younger participants).
- Milk, sugar, honey, or lemon.
- Hot water and teacups.

For biscuits (bake version):

- 1 cup flour
- ½ cup butter
- ¾ cup sugar
- 1 tsp vanilla extract

For biscuits (no-bake version):

- Digestive biscuits / Graham crackers / Belvita biscuits / Marie biscuits
- jam or icing



Alternatives

- If meeting virtually, participants can prepare tea/snacks at home and join a "Tea Chat" online.
- If there's no kitchen available, they can decorate biscuits with icing and sprinkles instead.
- Turn it into a "Guess the British Tea Snack" quiz (e.g., explain what scones or clotted cream are).

Reflective questions

- How does Afternoon Tea compare to food traditions in your country?
- Do you make tea differently in your country?
- What was your favourite part of making tea and biscuits?
- If you visited Pax Lodge, what British food would you like to try?





Afternoon Tea - Scones

All ages

60 mins

Purpose

Try a traditional part of afternoon tea



You will need:

- Scone recipe and ingredients



Background Information

Afternoon tea is a long standing tradition in the UK - with lots of different types and variations. Almost all of them include scones - have a go at making your own!

Reflective questions



- What flavour of scone would you most like to try?
- There's controversy as to whether to put jam or cream on the scone first - which do you think is better?

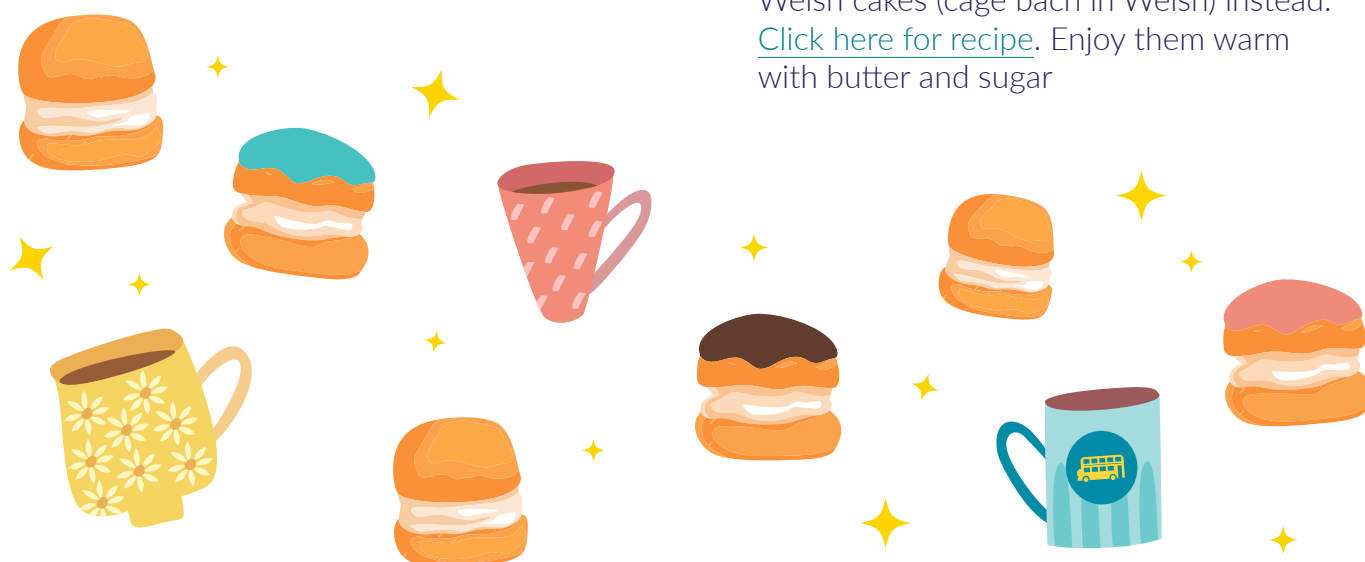
What to do

1. Make some scones using the recipe (see Resources):
 - Simple recipe using three ingredients
 - Traditional recipe made with traditional techniques
2. Enjoy them with jam and clotted or fresh whipped cream.

The best way to enjoy scones is with friends and a pot of tea!

Alternatives

- Traditionally scones are plain or have dried fruit, but modern recipes have all kinds of flavours - from cheese to chocolate. You could challenge yourself to come up with your own flavour!
- If you can't bake in your meeting place, try to buy some scones or prebake them and bring them to share.
- If you don't have access to an oven but could cook on a hob or a fire, try making Welsh cakes (cage bach in Welsh) instead: [Click here for recipe](#). Enjoy them warm with butter and sugar





Victoria Sponge

10+ yrs

40-60 mins

Purpose

To bake a traditional sweet treat



You will need:

- 4 eggs
- 225g caster sugar
- 225g self-raising flour
- 2 tsp baking powder
- 225g butter
- Jam
- Two 20cm cake tins, greased and lined
- Mixing bowl and spoon
- Access to an oven



What to do

1. You will be making a traditional Victoria sponge.
2. Beat the eggs, sugar, flour, baking powder, and butter together in a large mixing bowl until evenly mixed.
3. Divide the mixture between two greased and lined 20cm cake tins, and bake for 25 minutes at 180C/160C Fan/Gas 4.
4. Leave to cool on a cooling rack.
5. Assemble: Put one cake on a plate and spread generously with a layer of jam. Stack the second cake on top and sprinkle over a little sugar
6. Enjoy with a pot of tea and share with friends!

Background Information

The sponge cake was one of the first cakes to not be made with yeast, and was originally more like a cracker! The modern version came about in the Victorian era, with the invention of baking powder, which led to the delicious traditional Victoria Sponge cake.

Alternatives

- Buy a sponge cake and enjoy!

Reflective questions



- Are there any cakes traditional to your family or culture?





No Cook Afternoon Tea



All ages



20 mins

Purpose

Design your own dream afternoon tea



You will need:

- Pens/pencils and paper



Background Information

Afternoon tea originates from the 1840s, when Anna, the Duchess of Bedford decided she wanted a light snack between lunch and dinner, and started inviting her friends to join her for tea and cakes. It soon became very fashionable to host or attend afternoon tea, and the food became increasingly fancy.

What to do

1. Usually, afternoon tea has a mixture of sandwiches, scones, cakes, pastries, and of course, tea! Design your dream afternoon tea - it can be as realistic as you like, but remember - it's a snack between lunch and dinner, and it's traditionally very posh.
2. Write out your menu and decorate it.

Alternatives

- Take it further: try making one of the parts of your afternoon tea, or even host your friends one afternoon!



Reflective questions



- Share and compare your menu with other people. Is there a lot in common? Does anyone have any recipes you want to try?
- Do you have an afternoon snack? What is it?



Folk Dancing

All ages

30 mins

Purpose

To learn more about traditional British folk dances and get moving!



Background Information

There's a long history of country and folk dancing in the UK - in all areas! Have a go at Morris dancing from England, Dawnsio Gwerin from Wales, or Ceilidh dancing from Scotland.

You will need:

- Music, and plenty of space!
- Either print out the instructions for the dances you've chosen or have some way to watch videos to dance along.



Reflective questions



- Do you have any similar traditions? How are they the same/different?
- Many of these dances form part of celebrations and gatherings. What other occasions do you dance at?

What to do

1. Choose which dances you're going to try and get moving!

Some resources to help:

- [English Morris dances](#)
- [Welsh Dawnsio Gwerin](#)
- [Scottish Ceilidh dances](#)
- Try one from each country - what's similar, and what's different?

Alternatives

- For an extra challenge: Use the moves that you've just learned to come up with your own choreography to a piece of music of your choice. Get together and have a dance showcase!





Pearly Kings and Queens

All ages

30 mins



Purpose

Discover the tradition of “pearlies” and try making your own designs.



You will need:

- Black fabric or paper
- White buttons/beads, or white paint
- Glue/needles and thread
- Photos for inspiration

Background Information

The tradition of Pearly Kings and Queens dates back to the 1870s. At this time, London street traders would decorate the seams of their trousers with pearl buttons that they found. Henry Croft, an orphan who collected money for charities, adapted this to make a full suit to draw attention to himself and his fundraising. Now, the Pearly Kings and Queens, or pearlies, are divided into several groups who work to raise money for London charities. Pearlies were even featured in the opening ceremony for the London Olympics in 2012!



What to do

1. Look at some photos of the designs that pearlies wear - what patterns can you spot?
2. Using white paint on black paper or fabric, come up with your own design - go as complicated or as simple as you like!
3. Share your designs with the rest of your group - which is your favourite?

Alternatives

- For an older group, use white buttons or beads and sew them onto fabric.
- If you do not have black paper or fabric, you can still draw your Pearly King and Queen fashion designs on white paper.

Reflective questions



- What do you think of the designs? Would you like to be a pearly?
- Pearlies raise money for charities - have a think about effective ways to fundraise - do you think wearing your design would help gain attention for your cause?





Hokey Cokey

All ages

10 mins



Purpose

Learn about the 'Hokey Cokey' dance, by getting active and have fun!



You will need:

- The music and space to move around without bumping into each other. Most people like to sing the song along with doing the motions.

Background Information

The Hokey Cokey is a participation dance with a distinctive accompanying tune and lyric structure. It is well-known in English-speaking countries. It originates in a British folk dance, with variants attested as early as 1826. The song and accompanying dance peaked in popularity as a music hall song and novelty dance in the mid 1940's in the UK. The song became a chart hit twice in the 1980s. It is still played at parties all over the UK.

What to do

1. Everyone stands in a circle facing inwards.
2. Follow the instructions as given on the music - the movements are as follows:
 - a. You put your [left arm] in: put your left arm into the circle
 - b. You put your [left arm] out: put your left arm behind you, out of the circle
 - c. In, out, in, out, shake it all about: rapidly move your left arm between in and out of the circle and finish with a shake
 - d. You do the hokey cokey and you turn around: jazz hands while turning on the spot
 - e. That's what it's all about!: jazz hands into the the circle
 - f. Woah! The hokey cokey!: participants join hands and rush in towards the centre of the circle and then back out.
 - g. Woah! The hokey cokey!: as above.
 - h. Knees bend, arms stretch, rah! rah! rah!: in turn, bend knees, then stretch arms above head, and clap once on each rah!
3. The song then repeats, exchanging [left arm] with [right arm] and then left and right legs.

[Here's an example](#)

Alternatives

- Share favourite action songs from your culture.

Reflective questions



- What do you think makes this song so popular?
- Did you remember your left and right?



King's Guard Beetle Drive

All ages

30 mins

Purpose

A fun game to learn about the King's Guard.



You will need:

- Printed sheets (in Resources)
- Paper and pens
- Dice for each group



Background Information

The King's Guards are posted outside of Buckingham Palace and St James' Palace to protect the Royal Family. Famous for their bright red coats and tall bearskin hats, people often think they're just a tourist attraction, but they're real, working soldiers!

What to do

1. Divide into groups of around four.
2. Each group should have one dice and a printout of the instructions.
3. Each participant should have a sheet of paper and a pen/pencil.
4. Participants take it in turns within their groups to roll the dice.
The number that they roll corresponds to drawing a different part of the guard.
You can't start until you roll a 6, and some numbers you have to roll more than once!
5. Race to see who can complete their guard the fastest.

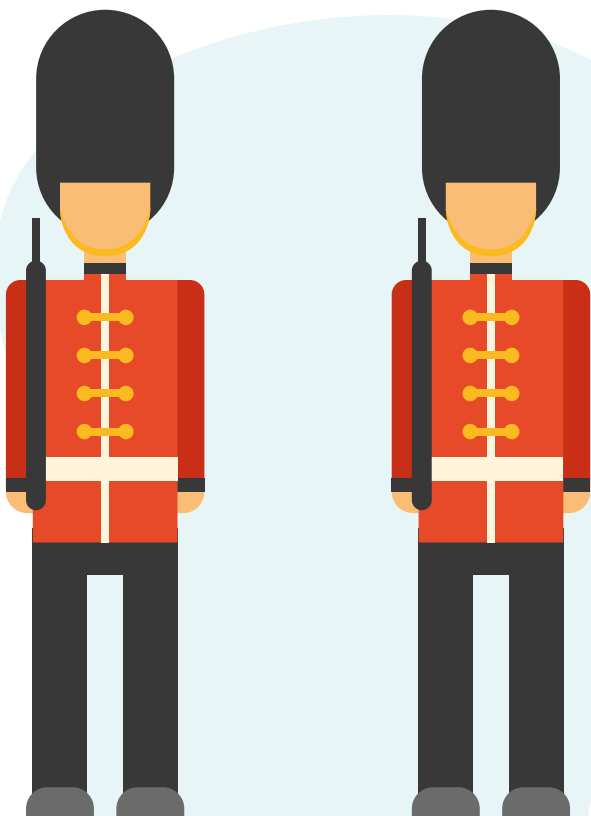
Alternatives

- Older groups should draw their own guard, while younger groups could use the printout to colour in the guard.
- Just for fun: Famously, the King's Guards aren't allowed to smile or laugh while on duty. Have a go at trying to make each other laugh - who can keep a straight face the longest?
- If doing online, participants can work individually with a leader in charge of the dice

Reflective questions



- Would you be able to stand perfectly still and not smile for so long? Try!





Fireworks Game



All ages



10 mins

Purpose

A fun game to play and learn about the fireworks on Bonfire Night.



You will need:

- Space to move around in



Background Information



On the 5th of November every year, Brits gather to celebrate Bonfire Night. This tradition came about after Guy Fawkes failed to blow up the King and Parliament in 1605. During the celebrations, lots of bonfires are lit, and fireworks are let off.

What to do

1. Designate a leader to call out the names of the actions.
2. Each action is the name of a type of firework often seen at bonfire night celebrations.
3. Participants move around the space, carrying out each action as it's called.

Actions:

- Catherine wheel: spin around with arms out
- Rocket: run as fast as you can
- Fountain: Star jump
- Sparkler: jazz hands

Make it competitive: the last person to do the correct action each round is out - last person left wins!

Alternatives

- Come up with your own actions to add to it.
- The game can still be played online, but for a sitting down activity, try crafting your own firework displays using black paper and paints.
- Try making your own edible bonfires out of sweets and chocolate!



Reflective questions



- Why do you think bonfire night has been celebrated every year for so long?
- What other countries celebrate festivals with fire works?





D



**Connecting with
Pax Lodge**



SUPPORT PAX LODGE

YOUNG PEOPLE

There are many opportunities to support and experience a World Centre. Pax Lodge is a hostel and a training/conference venue, with Girl Guiding and Girl Scouting at its heart. Pax Lodge offers a mix of hospitality and programme experience. Working at Pax Lodge you can develop professionally while impacting the lives of girls and young women around the world.

Take a look at the Opportunities at Pax Lodge website to see what's on offer now.

Here are just a few of the different opportunities available at Pax Lodge and the other World Centres:



Scholarship

Look out for scholarship opportunities to volunteer or attend an event



Internship

An opportunity to practice skills, such as hospitality, media, marketing



Gap Year

Something to do while you consider your future ... you may find your perfect career!



Volunteer

become part of the WAGGGS Volunteer Pool; when volunteering opportunities are available, they will be announced to the Volunteer Pool and you can apply





SUPPORT PAX LODGE

ADULTS

Whether you have visited Pax Lodge not, you can promote the World Centre to others and encourage people to visit and share experiences.

Make a donation, or become a “friend”

- Friends of the World Centres – Facebook
- [Pax Lodge](#)
- Become A Friend of Pax Lodge
- Donate to Support Pax Lodge
- Order items from our Pax Lodge Wishlist on Amazon – have your items shipped directly to Pax Lodge, or take them with you when you visit.



Local Events

Plan and run some events at home to create awareness

- dinner at a local British restaurant
- a shared meal of British cuisine
- a cooking event
- a craft event
- other events eg. Guy Fawkes, scone baking competition, folk dancing



Attend a Virtual event

- Attend one of our scheduled virtual events
- If there's nothing that suits your schedule, then request a special virtual event for your group
- Explore cooking, culture, have a World Centres tour and ask all the questions you like



Plan a Trip



The best way to support Pax Lodge is to go there!

- attend an event, or book a stay enroute to another destination
- invite your friends and go as a group
- if the event schedule on offer doesn't suit you/your group then request a special event just for you/your group
- stay as an independent guest
- support others planning a trip (even if you cannot go)

Use social media to share and promote



- Share memories
- Share photos of recent local events

Use the Pax Lodge hashtag #paxlodge



[Instagram](#) – @paxlodge



[Facebook](#) – @paxlodge



[YouTube](#) – @paxlodge

E

Resources

In this section are the resources required for activities in this pack, such as templates, cards, stories.



LINKS

Some useful links to connect with Pax Lodge:

[Website](#)

[Contact Form](#)

[Sign up for Newsletter](#)

[Other World Centres](#)

[World Centres on Campfire](#)



Card Games

Use this template to make a set of cards. You can add your own additional information.

Our Chalet	Nuestra Cabaña	Pax Lodge	Sangam	Kusafiri
31 July 1932	24 July 1957	2 May 1939	16 October 1966	11 July 2011
High up, high on the mountain	'Neath the grand Sierra Madre	We wish you love	The symbol of one	Remember the day I met you.
English	English Spanish	English	English	English French
Adelboden, Switzerland	Cuernavaca, Mexico	London, England, UK	Pune, India	Accra, Ghana (2023-2026)



Interactive Story

1. Divide the group into 10.
2. Assign each group an action, as noted below

Five World Centres	High Five the person next to you
Party	Cheer
Birthday	Blow out Candle
Sangam	Namaste
Our Chalet	Cow udder
Nuestra Cabaña	Shout 'Chili'
Pax Lodge	Wave like the Queen
Kusafiri	Play the drums
Girl Guides/Girl Scouts	Salute
WAGGGS	Shout 'Girl Guides and Girl Scouts'

3. Read the story. Each time these words (highlighted in story), the actions must be done by the assigned group.

The Story

The **World Association of Girl Guides and Girl Scouts (WAGGGS)** have **Five World Centres** in United Kingdom, Mexico, Switzerland, India and Ghana (the Africa Region). Each of the **Five World Centres** offers a programme of events and activities reflecting the character and culture of the country where it's located. They also like to **party**! Today we are going to **party** with our **Five World Centres** as we celebrate each of their **birthdays**!

Our oldest one of the **Five World Centres** is located in Switzerland and is called **Our Chalet**. **Our Chalet** celebrates its **birthday** on the 31st of July. **Our Chalet** is located at the end of a road below a beautiful mountain range. At **Our Chalet Girl Guides and Girl Scouts** eat lots of cheese especially when they **party**!

The next one of the **Five World Centres** operated by **WAGGGS** is **Pax Lodge** which is located in London, England. **Pax Lodge** celebrates its **birthday** on the 15th of March. **Pax Lodge** is a great place to explore London and to meet other **Girl Guides and Girl Scouts** from around the globe. On their **birthday**, **Pax Lodge** serves cream tea with tea, scones, jam and cream for their guests, just like the Queen.

Another of the **Five World Centres** is called **Nuestra Cabaña**, located in Mexico with the Centre celebrating its **birthday** on the 24th of July. **Nuestra Cabaña** is located in the city of Cuernavaca which is a few hours bus ride from Mexico City. At **Nuestra Cabaña** you can immerse yourselves in arts and culture and enjoy the sisterhood of **WAGGGS**. At **Nuestra Cabaña** they like to **party**.

Sangam in India has its **birthday** on the 16th of October and they always like to **party** with **birthday** cake and special traditions! **Sangam** helps you learn about yourself and the change you want to be in the world. **Sangam** is located in the small city of Pune (near Mumbai) which has a population of 6 million people. At **Sangam**, people do Yoga everyday as part of their programme.

The newest of the **WAGGGS Five World Centres** is **Kusafiri**. This Centre for **Girl Guides and Girl Scouts** is unique because unlike the **Sangam, Pax Lodge, Nuestra Cabaña** and **Our Chalet** – **Kusafiri** is currently located in Ghana but serves the whole Africa Region. **Kusafiri** has its **birthday** on the 11th of July and on the 10th **birthday** of **Kusafiri** a song was written which always helps us **party**.

Now you know more about all the **Five World Centres** of **WAGGGS** – **Kusafiri, Sangam, Pax Lodge, Our Chalet** and **Nuestra Cabaña**. When are you going to one of the **Five World Centres** to **party**?



WAGGGS Quiz

Quiz Questions and Answers

Select the questions appropriate for your group and activity. Research and add your own questions, to suit your group.

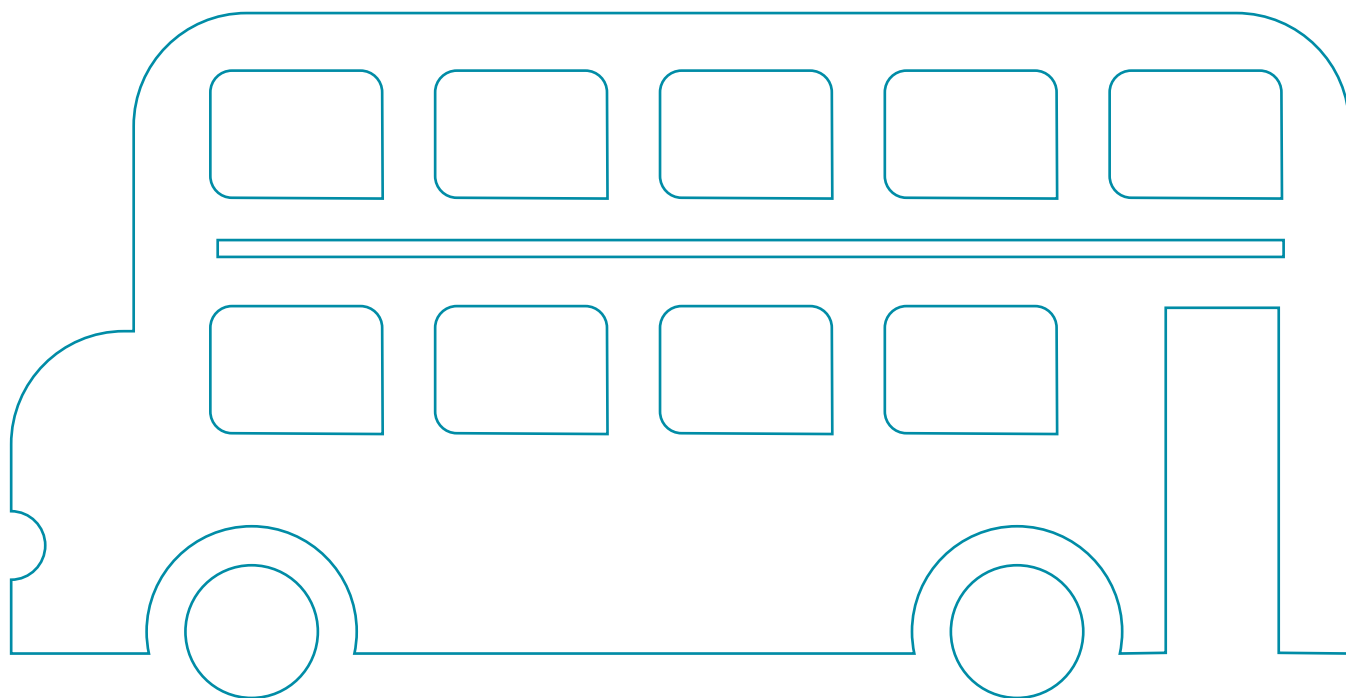
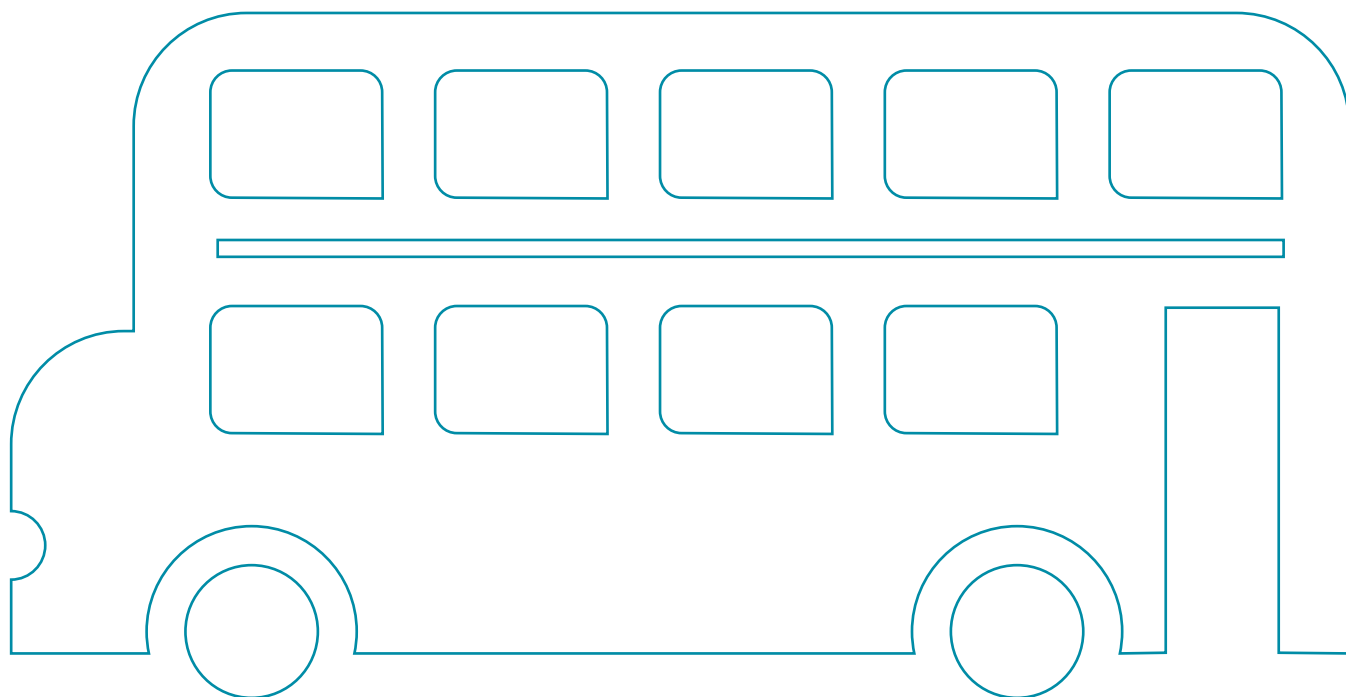
Links to find the answers

- [WAGGGS Home Page](#)
- [WAGGGS About Us](#)
- [WAGGGS World Centre](#)

What does WAGGGS stand for or mean?	World Association of Girl Guides and Girl Scouts
How would you describe WAGGGS?	The largest voluntary movement dedicated to empowering girls and young women in the world
What is the symbol of WAGGGS?	The Trefoil, used on the World Badge, is the unifying symbol of WAGGGS with every part of the design having its meaning. 
What is the mission of WAGGGS?	To enable girls and young women to develop their fullest potential as responsible citizens of the world
What is the vision of WAGGGS?	For an equal world where all girls can thrive. By 2032, we will be a girl-led Movement where every and any girl feels confident to lead and empowered to create a better world together.
What does the World Flag look like?	The golden Trefoil remains the focal point on a blue background. A white blaze in the lower, right-hand corner represents WAGGGS' commitment to peace. This is crowned by three golden blocks symbolising the three-fold Promise. It is used at the World Centres, the World Bureau, WAGGGS' gatherings and by all Member Organisations, often as a unit flag. 
What is the first line of the World Song?	Our way is clear as we march on
How many members does WAGGGS have?	153 Member Organisations approximately 11.2 million girls and young women
When was the first WAGGGS World Conference?	1920, in England
What year was WAGGGS formed?	1928, at the fifth International Conference in Hungary
How many member countries founded WAGGGS? Name 3 countries.	26 countries: Australia, Belgium, Canada, Czechoslovakia, Denmark, Estonia, Finland, France, Hungary, Iceland, India, Japan, Latvia, Liberia, Lithuania, Luxembourg, Netherlands, New Zealand, Norway, Poland, South Africa, Sweden, Switzerland, UK and Northern Ireland, USA and Yugoslavia
How many WAGGGS Regions are there? What are they called?	There are five WAGGGS Regions. Africa, Arab, Asia Pacific, Europe, Western Hemisphere.
Name the five World Centres.	Our Chalet - Nuestra Cabaña - Pax Lodge - Sangam - Kusafiri
What countries have a World Centre?	Switzerland (Our Chalet) Mexico (Nuestra Cabaña) England/UK (Pax Lodge) India (Sangam) Africa, currently Ghana (Kusafiri)
Why is Kusafiri different to other World Centres?	Prior to the 2023 decision to host Kusafiri in Ghana, events have been held in nine different countries.
Which World Centre was the last to open? and in what year?	Kusafiri, opened in 2011
Which World Centre was the first to open? and in what year?	Our Chalet, 1932
What is the purpose of the World Centres?	The World Centres are safe spaces provided by WAGGGS, where Girl Guides and Girl Scouts from around the world connect, have adventures and build leadership skills.
What is the strapline for the World Centres?	A world of possibilities
Can you name 3 things that the World Centres offer?	Adventure - Empowerment - Culture - Impact - Moments - Identity - Friendship - Wellness - Nature - Lodging



Pax Lodge Bus



Print the template, or use it as a base to create a dot-to-dot version of the outline.

[Click here to use other London icons](#)



Pax Lodge Quiz

- Round A: Questions about Pax Lodge
- Round B: Questions about Hampstead and Surrounding Area
- Round C: Bonus Questions

Round	Question	Answer
A	1. When was Pax Lodge officially opened?	1991.
	2. Where is Pax Lodge located? (with the most accuracy)	Hampstead, London, UK.
	3. What is the motto of Pax Lodge?	"A place where strangers soon are friends"
	4. What was the original name of Pax Lodge, and when was it opened?	Our Ark, officially opened on 2nd May 1939.
	5. When was Pax Lodge called Olave House?	1963-1988.
	6. Who or what was Pax Lodge named after?	The name "Pax" is Latin for "peace" and was used by the Baden-Powells at two of their former homes - Pax Hill in the UK and Paxtu in Kenya. Lodge is taken from Rosslyn Lodge, the building which is now the World Bureau located next door to Pax Lodge.
	7. What is the significance of the Pax Lodge logo?	The dove is shaped like an ark on water in homage to Pax Lodge predecessor Our Ark.
B	8. What famous park is located near Pax Lodge?	Hampstead Heath.
	9. Which famous author lived in Hampstead and wrote "Brave New World"?	Aldous Huxley.
	10. What historic house, now a museum, can be found in Hampstead and was the home of the poet John Keats?	Keats House.
	11. What is the name of the art gallery in Hampstead that displays works from the 20th century and contemporary art?	Camden Arts Centre.
	12. What is the name of the village that retains a rural feel and is part of the Hampstead area?	Hampstead Village.
	13. Which famous Freud lived and worked in Hampstead?	Sigmund Freud (The Freud Museum in Hampstead was his home).
	14. What popular open-air swimming spot is located on Hampstead Heath?	The Hampstead Ponds.
	15. What iconic London landmark can you see a view of from Parliament Hill in Hampstead Heath?	The London skyline, including St. Paul's Cathedral and The Shard.
C	16. How many WAGGGS World Centres are there?	Five.
	17. We know about Pax Lodge. What are the other World Centres? Can you name them in order of their opening?	Our Chalet (Switzerland) -1932, Our Cabaña (Mexico) - 1957, Sangam (India) - 1966 Kusafiri (Africa) - 2011.
	18. On what occasion was the name "Olave House" given to, what is now called Pax Lodge?	Silver Jubilee of Our Ark, in 1963. Renamed Olave House during a special ceremony, in honour of the World Chief Guide, Olave Baden-Powell.
	19. What is the closest tube station to Pax Lodge?	Belsize Park (Northern Line).
	20. Which famous cemetery near Hampstead is known for the graves of Karl Marx and George Eliot?	Highgate Cemetery.



Taps (UK Version)

Lyrics to Taps



Day is done,
Gone the sun,
From the lake,
From the hills,
From the sky;
All is well,
Safely rest;
God is nigh.



Thanks and Praise,
For Our Days,
Neath the Sun,
Neath the Stars,
Neath the Sky,
As We Go,
This we Know,
God is Nigh



If you don't know the tune, you can learn it here!

British Sign Language Alphabet

A 	B 	C 	D 	E 	F 	G
H 	I 	J 	K 	L 	M 	N
O 	P 	Q 	R 	S 	T 	U
V 	W 	X 	Y 	Z 		



Peacemaker Celebrities

Make some labels with the names of significant peacemakers. This could be;

- Cards or on paper
- Sticky labels or large post-it notes
- Made into headbands (a paper ring or crown, or attach to string so it can be tied around the head)

Martin Luther King Jr	Nelson Mandela	The Dali Lama
Mother Theresa	Mahatma Gandhi	Malala Yousafzai
Helen Keller	Nadia Murad	John Lennon

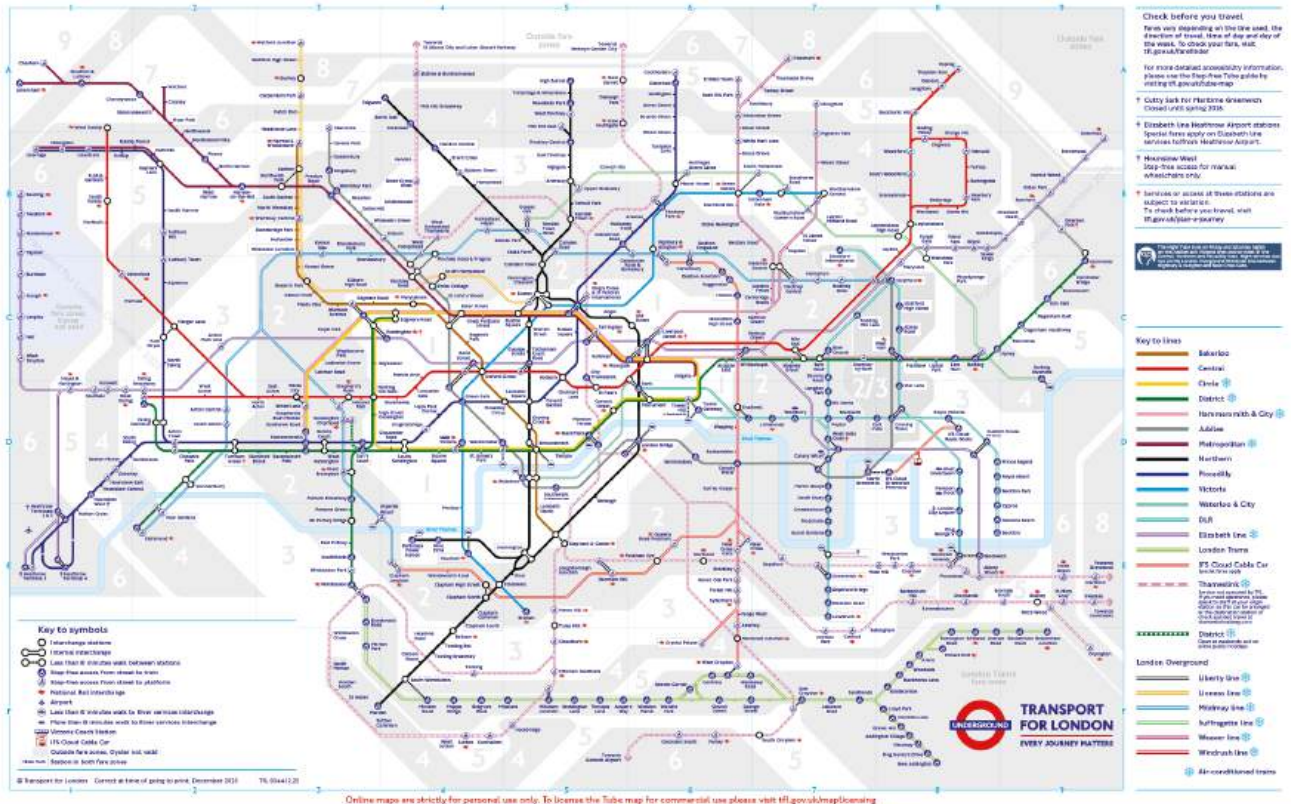
It is important that the players know who these people are, so adjust the names to suit your group.

Need some inspiration?

Check out [List of peace activists - Wikipedia](#) or [12 women activists and leaders making the world a better place | The IRC](#)



 Check your travel
tfl.gov.uk/travel-tools



Download the Underground Map here



Afternoon Tea - Scones

Simple Recipe Lemonade Scones

Ingredients

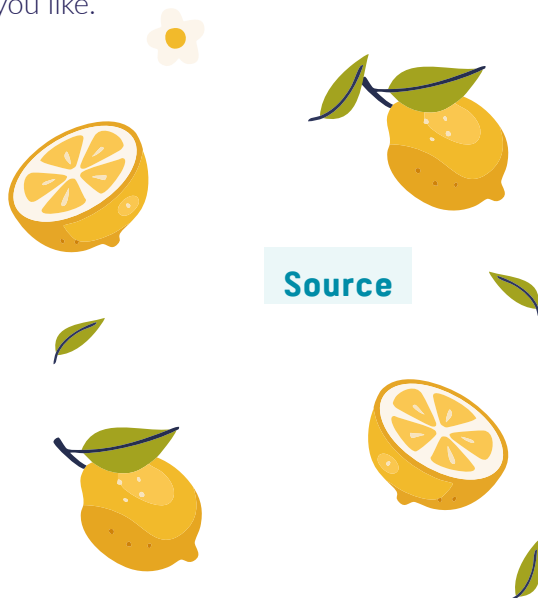
- 400 g self-raising flour, plus extra to dust
- 175 ml double cream (or equal quantities of melted butter and whole milk to make 175 ml)
- 175 ml lemonade

For serving (optional)

- Clotted cream or fresh whipped cream
- Jam

Directions

1. Preheat oven to 220°C (200°C fan) mark 7. Line a baking sheet with baking parchment.
2. In a large bowl, mix all ingredients to make a dough.
3. Tip on to a lightly floured surface and knead briefly to bring together.
4. Pat dough to an even 2cm thickness, then stamp out or cut 6.5cm plain or fluted rounds, re-shaping and stamping out trimmings. You should have 12 scones.
5. Arrange scones on prepared sheet, spacing apart.
6. Bake for 12-15min, until golden and risen.
7. Cool on a wire rack. Serve with cream and jam, if you like.



Source

Traditional Recipe Mary Berry's scones

Ingredients

- 450g/1lb self-raising flour
- 2 level tsp baking powder
- 50g/1¾oz caster sugar
- 100g/3½oz butter, slightly softened, cut into pieces
- 2 free-range eggs
- a little milk
- handful sultanas (optional)



For serving (optional)

- strawberry jam
- Clotted cream

Directions

1. Preheat the oven to 220C/200C Fan/425 F degrees/Gas 7. Lightly grease two baking trays.
2. Put the flour, baking powder and sugar in a large bowl. Add the butter and rub in with your fingertips until the mixture resembles fine breadcrumbs.
3. Crack the eggs into a measuring jug, then add enough milk to make the total liquid 300ml/10fl oz.
4. Using a fork or round-tipped knife, stir the egg and milk into the flour – you may not need it all – and mix to a soft, sticky dough.
5. Turn out onto a lightly floured work surface, knead lightly and work in the sultanas, if using. Roll out to a rectangle about 2cm/¾in thick.
6. Cut into as many rounds as possible with a fluted 5cm/2in cutter and place them on the prepared baking trays. Brush the tops of the scones with a little extra milk, or any egg and milk left in the jug.
7. Bake for 12–15 minutes, or until the scones are well risen and a pale, golden-brown colour.
8. Lift onto a wire rack to cool. Eat as fresh as possible.
9. To serve, split the scones and serve with strawberry jam on the plain scones along with a good dollop of clotted cream

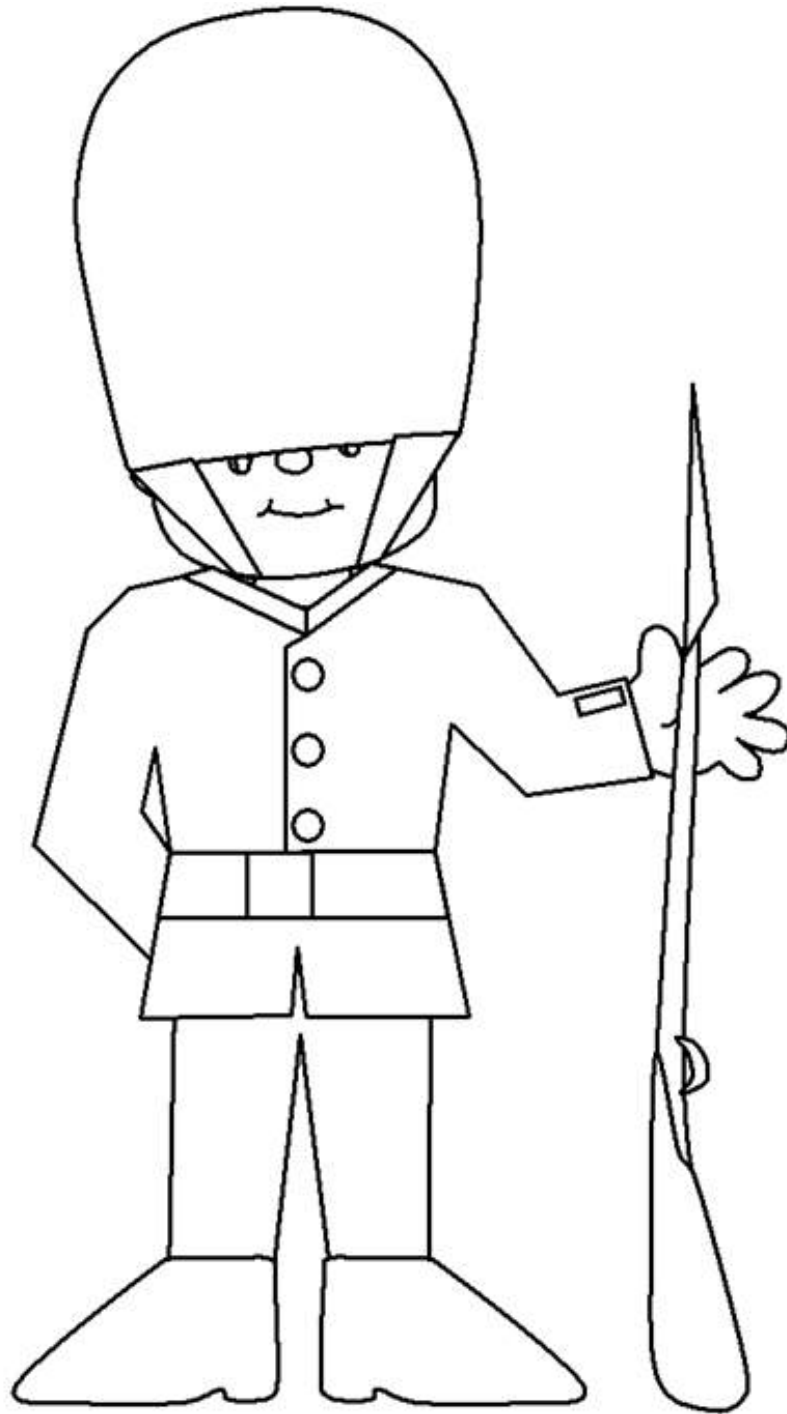


Source





King's Guard Beetle Drive – Hard



Roll

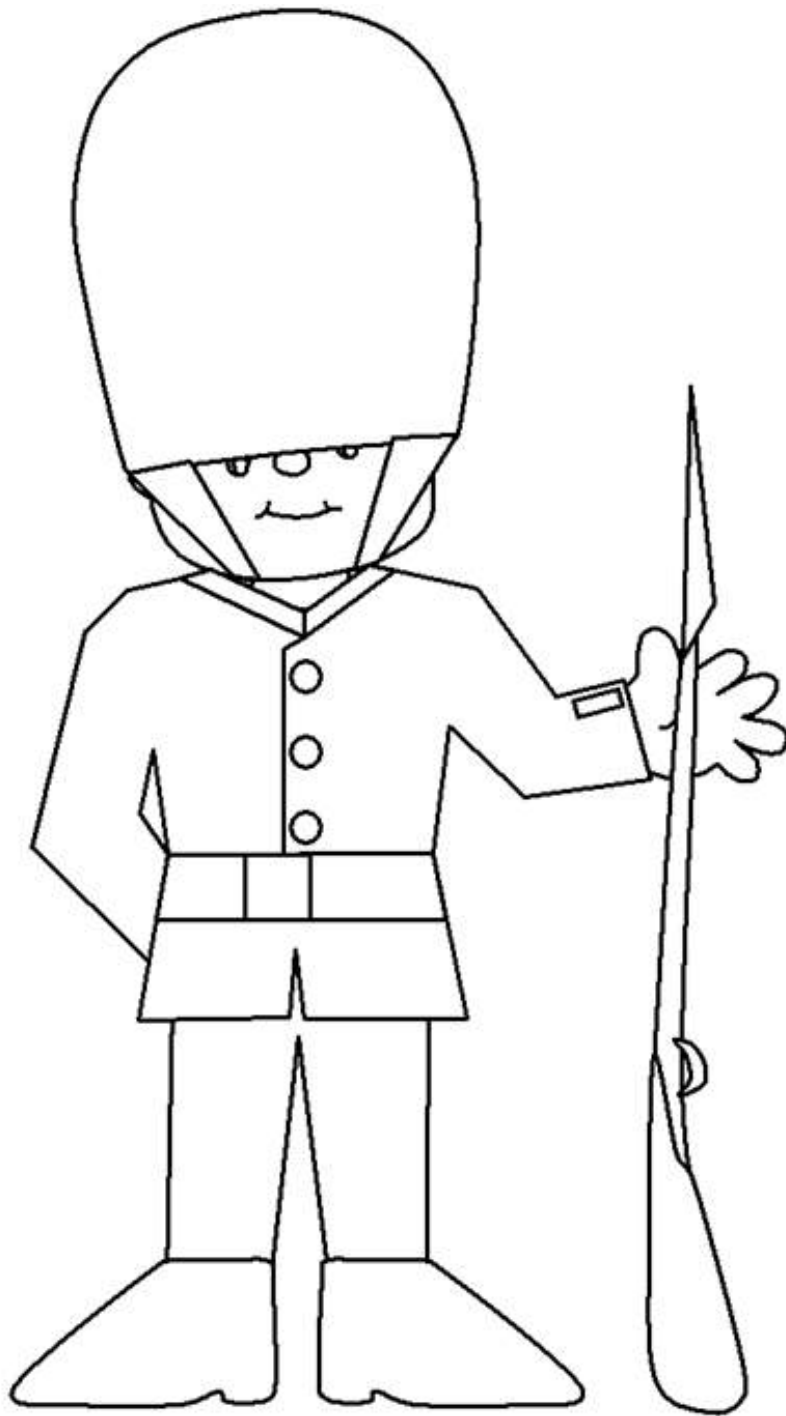
- 6 for a body
- 5 for a head
- 4 for an arm/leg (need 4)
- 3 for a hat and bayonet (need to roll twice)
- 2 for a button (need 3)
- 1 for eyes/ nose/mouth (need to roll 4 times)

Rules

- You need to roll a 6 to start.
- You need a 5 before you can add hat, eyes, nose, and mouth.



King's Guard Beetle Drive – Easy



Roll to colour

1. Yellow
2. Black
3. Red
4. Pink
5. Grey
6. Blue



www.worldcentres.waggs.org